



South Georgia Medical Center is a not-for-profit medical system dedicated to being the leader in improving the health, wellness and quality of life in the community.

With 418 licensed beds and more than 300 affiliated physicians and 2,600 employees, SGMC, its campuses, and affiliates provide a broad range of high quality healthcare services. SGMC is located in Valdosta, Georgia and serves 380,000 residents across a 15-county service area.

SGMC is fully accredited by The Joint Commission, the highest mark of quality in the healthcare field, and has earned additional recognition at the state and national level.

With community hospitals and support services in five convenient locations, South Georgia Medical Center, its campuses and affiliates provide the majority of health services for the region's 350,000 residents.

South Georgia Medical Center Main Campus - Valdosta, GA

SGMC Outpatient Plaza - North Valdosta, GA

SGMC Lanier Campus - Lakeland, GA

SGMC Berrien Campus - Nashville, GA

Services:

Cancer	Outpatient Center
Community Health Outreach	Palliative Care
Dentistry & Oral Surgery	Pediatrics
Dermatology	Plastic Surgery
Diabetes	Podiatry
Digestive Disease	Primary Care
Emergency Room	Pulmonary
Endocrinology	Radiology
Endoscopy	Rehabilitation
Ears, Nose & Throat	Rheumatology
Family Medicine	Robotic Surgery
General & Vascular Surgery	Spine Care Center
Geriatric Psychiatric Care	Sleep
Heart and Vascular	Stroke
Infectious Diseases	Surgery
Kidney & Dialysis	Urgent Care
Neurology	Urology
Obstetrics	Women's Services
Occupational Medicine	Walk-In Laboratory
Ophthalmology	Wound Healing
Orthopedics	Youth Care

About Valdosta, GA:

Valdosta is a city in southern Georgia. Part of Valdosta State University, the Dedo Maranville Fine Arts Gallery exhibits student and national artists. Lowndes County Historical Society and Museum documents local history. South of the city, Wild Adventures Theme Park is home to animals, roller coasters and Splash Island Water Park. A raised boardwalk traverses the wetlands of the Grand Bay Wildlife Management Area.

With a convenient location Valdosta is approximately 3 hours from Orlando, 1.5 hours from Tallahassee (home of the FSU Seminoles), 2 hours from Gainesville (home of the Florida Gators), 2 hours from Jacksonville and 3 hours from Savannah & Atlanta.

Helpful Links:

<https://www.sgmc.org/home.aspx>

<http://www.valdostachamber.com/>

Things to do:

<https://www.wildadventures.com/>

<http://georgiawildlife.com/grand-bay-wma>

<http://vlpra.com/parks>

<http://www.valdostawakecompound.com/>

<http://www.valdostacc.com/>

Fun Food/Coffee/Treats:

<https://www.redowlcoffee.com/>

<https://www.starbucks.com/>

<http://valdostadonuts.com/>

<https://georgiapecan.com/>

<https://theeggandirestaurants.com/>

<http://www.friendsgrilleandbar.com/>

<http://www.saltysnappervaldosta.com/>

<https://m.facebook.com/bubbajax.shack/>

Housing:

<http://www.northwind-apartments.com/>

https://invmt.com/portfolio_page/the-links/

<https://www.theresidencesatfivepoints.com/>

<https://www.apartments.com/the-gardens-valdosta-ga/t4y5xq9/>

Orientation:

Residency:

No

Valdosta, GA
Weather averages

Month	High / Low (°F)	Rain
January	63° / 39°	7 days
February	65° / 40°	7 days
March	73° / 47°	6 days
April	80° / 54°	5 days
May	85° / 61°	5 days
June	90° / 69°	10 days
July	91° / 71°	11 days
August	91° / 71°	10 days
September	88° / 67°	6 days
October	80° / 58°	4 days
November	72° / 46°	3 days
December	66° / 42°	6 days