

Russell Medical – Alexander City, AL

Hospital Information

(Please include the following: number of inpatient beds, trauma level, specialty services and any other pertinent information)

Russell Medical is an 81 bed, Acute Care Facility. All patient rooms are private. We have a 12 room ER, a 6 bed ICU and a 10 bed Step-Down Unit for intermediate range of care.

UAB Medicine – **The Cancer Center at RM** is a regional leader in screenings, diagnosis, comprehensive treatment, advanced technology, rehabilitative care and social support.

Medical Park Family Care and **Health Partners of Goodwater** are satellite facilities that offer rural patients the option of walk-in service or scheduled appointments.

The Sleep Disorders Center at RM offers 4 rooms for patients to stay overnight for sleep studies.

Total Fitness at RM is a 20,000 square foot facility that features state-of-the-art exercise and rehabilitation equipment and indoor pool.

The Women's Center at RM is staffed with registered technologists and support personnel providing the most advanced imaging capabilities for diagnosing breast disease.

Wound Care and Hyperbaric Medicine Center offers specialized wound care and hyperbaric medicine through a partnership with Healogics Clinical Services.

Urgent Care is a new facility on our campus that is slated to open late October 2017. This facility will be connected by a corridor to Total Healthcare, a 4 physician family medicine group. The general urgent care facility will be staffed by trained personnel to accommodate non-emergent conditions during extended and weekend hours.

3rd Year Rotations Available

(Please include the rotations that students may complete locally by specialty.

Example: IM I and II, surgery, family medicine, etc.)

FM I

IM I and II

OB/GYN

Geriatrics

Surgery

Peds

4th Year Rotations Available

(Please include the rotations that students may complete as OMS4 students at your site by specialty.

Example: radiology, orthopedics, gastroenterology, emergency medicine etc.)

Residency Programs

(Please list the residency programs available at your site)

Available Lectures and Seminars

(Please describe the lectures and didactic sessions available at your site including grand rounds, tumor board or student case conferences. If some of these sessions are available when a student is on a particular rotation, please let us know –for example tumor board while on internal medicine rotations.)

Tumor Board meets monthly at noon and this is added to our student’s schedule. Our DSME is a member of this board

Our Management Team has a monthly lunch with the students on rotation here. Each month we plan a different discussion based on students interests (new projects at RM, private practice vs contract, reimbursements, coding) and appropriate speakers from the management team lead these discussions

Attendance Requirements for Lectures and Seminars

(Please describe the dates and times and expectations for attending lectures and seminars)

Housing

(Please state if VCOM housing is available at your site and include a brief description)

Russell Medical does not have housing available on site.

Housing Resources for Visiting Students

(Please provide resources for students to facilitate securing apartment rentals)

Alexander City has a large number of multiple listing realtors to assist with housing needs.

Site Orientation

(Please describe any particular requirements for orientation including the timing and duration of orientation and particular hospital requirements)

Russell Medical requires all students to attend an orientation on their first day on site. This orientation is an 8 hour classroom experience where the student is introduced to hospital management and receives all pertinent information needed for daily life at RM.

Community Information

(Please include information about special attractions, leisure activities, history of your town and any other information you would like to share with students)

Lake Martin's 750 miles of beautiful shoreline, without question, offers something for everyone. Countless enjoyable activities include: boating, skiing, sailing, golfing, fishing, canoeing, swimming and outstanding dining.

Lake Martin Amphitheater is formed on a bluff overlooking Lake Martin, just off of Highway 63 near Kowaliga Point by Russell Lands. The site has a stage area and grass seating with a capacity of more than 2,500 patrons.

Martin Dam Tour - The reservoir the dam created in 1926 is the world's largest body of artificial water, and it represented the ability to produce vast amounts of hydroelectric power. The reservoir has a power storage of 301,700,000 kilowatt-hours, enough to supply 25,000 households for a year.

D.A.R.E. Power Park is located between Alexander City and Dadeville on Young's Landing. It is the most recent recreation facility to be added in the Lake Martin area. The park features a swimming beach, two large pavilions, 13 picnic tables with grills, two fishing piers and an amphitheater.

Chimney Rock is one of the most popular sites on Lake Martin. It is a popular island boating stop where daredevils climb to various points on the lone rock that juts from the island like a chimney - and jump into the lake.

Horseshoe Bend National Military Park is a 2,040 acre National Military Park dedicated to the memory of U.S. Soldiers and Creek Nation Indians who died in the Battle of Horseshoe Bend on March 27, 1814.

Wind Creek State Park, seven miles southeast of Alexander City on Highway 128, spans 1,445 acres of pine and hardwood ridges on the shoreline of beautiful Lake Martin. Wind Creek's fully equipped modern campground contains 642 sites spread over 320 acres.

The beautiful campus of Children's Harbor is located 15 miles south of Alexander City, Alabama, on Highway 63. A replica of the Plymouth Lighthouse is located on Providence Point at our Lake Martin campus and symbolizes our goal of helping children and families find their way through the treacherous waters in which they sometimes find themselves.

Camp ASCCA-Easter Seals means fun for the 10,000+ visitors who spend time at the facility each year. Campers who have disabilities ranging from Spina Bifida, Multiple Sclerosis, Paraplegia, and Quadriplegia to Downs Syndrome, Autism, Mild, Moderate and Profound Mental Disabilities enjoy unique camping experiences at Camp ASCCA.

Alexander City is home to approximately 30 churches of many denominations. Each offers varied service schedules and activities

Lake Martin Young Professionals is a group that coordinates, collaborates, and promotes events around Lake Martin that are social, volunteer, or informational in nature. Our board connects the young Lake Martin Area with activities that will help to improve the careers, social lives, and character of our members.

Charles E. Bailey, Sr. Sportplex is a 212 acre public park hosting hiking trails, public pool, baseball fields, football field, playgrounds and public picnic areas.

Libraries include the Adelia M. Russell Library, Mamie's Place Children's Library, and Horseshoe Bend Regional Library

Alexander City has 3 Elementary Schools, 1 Middle School and 1 High School all with a Motto of High Expectations and Success for ALL.

Central Alabama Community College (**CACC**) in Alexander City is a publicly supported institution in the Alabama Community College System and is under the direction and control of the Alabama State Board of Education. The College strives to meet the needs of students at an affordable price in an easily accessible setting. The College can and will meet the general academic, career, technical, senior college transfer, adult education, skills training, and training for industry/business needs of its communities. Central Alabama Community College awards the Associate in Science, the Associate in Applied Science, the Associate in Occupational Technology, certificates, and short-term certificates.

Alexander City's airport is a general aviation airport named T.C. Russell Field. It is located conveniently off U.S. Highway 280 adjacent to Russell Corporation, the City's largest employer and also adjacent to the Airport Industrial Park. The airport is solely owned and maintained by the City of Alexander City.

Playhouse Cinemas is the local 3 screen movie house.

Idletime Family offers skating and bowling

Residents of Alexander City have availability to several golf courses. The 18-hole "Lake Winds" course features 5,600 yards of golf from the longest tees for a par of 70. The course rating is 66.0 and it has a slope rating of 111 on Bermuda grass. The course is owned and operated by the City of Alexander City. Stillwaters Golf Course is a Par 72 Course, and plays 6,906 yards from back tees perfectly woven through the hills of Alabama. The Course layout has over 200 feet in elevation and currently has 18-holes available for play. The 9-hole "Hatchet Creek" course features 2,930 yards of golf from the longest tees for a par of 35. Willow Point Golf and Country Club is a private member club offering a variety of membership types which includes many amenities.

There are many local events each year including the Jazz Fest that features two nights of great musical acts and draws crowds from all over the state and country, the annual Fourth of July fireworks show viewed from the Lake Martin Amphitheater, Oktoberfest sponsored by the Alexander City Parks and Recreation Department at the Charles E. Bailey, Sr. Sportplex, an annual fall festival hosting vendors with unique and traditional gifts, a variety of food, musical entertainment, custom car and truck show and an area especially planned for children, Holiday Open House, an event where local businesses open their doors and showcase the season's most festive decorations and merchandise, Christmas in the Park where local businesses and residents participate in unforgettable drive through Christmas displays throughout the park and Hometown Christmas starts with the annual Hometown Christmas parade that ushers Santa into Alexander City and the community tree rises from the town's heart on Broad Street Plaza. Businesses opens their doors for an afternoon of holiday fun.

Lake Martin Area Economic Development Alliance in eighteen years of operation has helped locate eighteen new companies and twenty expansions in the Coos and Tallapoosa County area, creating over 3,500 jobs. The Alliance and its efforts are funded by several local private and public entities that believe that the quality of life, skilful labor force, and industrial infrastructure in the Lake Martin area can provide a company with the means and opportunity to grow and prosper, as well as providing a safe and fun community for employees to raise their families.

Russell Crossroads, developed by Russell Lands, includes a restaurant, market, and the Towne Green offering picnic areas and entertainment throughout the year.

Helpful Links

(Please include links to any information that would be of interest to rotating students including the hospital website, community website, residency program website, etc.)

www.russellmedcenter.com

www.alexandercityonline.com

www.alexander-cityoutlook.com

www.alexandercityschools.net

Photos

(Please include several photos of your community or hospital that you would like to be included. These may be sent separately as attachments.)

