



# Edward Via College of Osteopathic Medicine

## 4<sup>th</sup> Year Clinical Rotation: Pain Management

MED 8400: Elective Clinical Rotation I

MED 8410: Elective Clinical Rotation II

MED 8420: Elective Clinical Rotation III

MED 8430: Elective Clinical Rotation IV

## COURSE SYLLABUS

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### I. Rotation Description

Students will spend the majority of their time in the outpatient setting. They will participate in the daily patient schedule. They will be expected to evaluate the patients and their radiographs in the clinic and then discuss the choice and execution of treatment plans, to include procedures, with attending pain management physicians. Students will be expected to participate in procedures that are related to the treatment of both acute and chronic pain. Students can anticipate the development of skills in performing a detailed neurological examination and formulating treatment strategies aimed at patients with chronic pain.

### II. Rotation Goals

- Gain an appreciation for the breadth of acute and chronic pain
- Develop skills in a detailed neurologic exam
- Gain fundamental skills in the radiological evaluation of the nervous system
- Gain fundamental skills in patient care
- Develop skills in communicating with chronic pain patients and their families
- Be able to describe and differentiate the symptoms and physical examination findings of low back pain, myofascial pain and complex regional pain syndromes
- Gain insight into the array of ethical and socioeconomic factors impacting the care of patients with chronic pain

### III. Rotation Design

The Pain Management rotation occurs primarily in the clinic setting.

#### **IV. Credits**

4 week course = 4 credit hours

#### **V. Suggested Textbook and References**

- a. Essentials of Pain Medicine: Expert Consult; H. Benzon; Elsevier, 3<sup>rd</sup> ed., 2011
- b. Pain Management; S. Waldman; Elsevier, 2<sup>nd</sup> ed., 2011

#### **VI. Course Grading/Requirements for Successful Completion of the Pain Management Rotation**

- a. Attendance according to VCOM and preceptor requirements
- b. Preceptor Evaluation at end-of-rotation

Grading policies, academic progress, and graduation requirements may be found in the *College Catalog and Student Handbook* at: <http://www.vcom.vt.edu/catalog/>.

#### **VII. Clinical Performance Objectives**

The end-of-rotation evaluation for this rotation will be completed by your preceptor and is based on clinical core competencies. These core competencies reflect student performance in 6 key areas: communication, problem solving, clinical skills, medical knowledge, osteopathic medicine and professional and ethical considerations. Your end-of-rotation evaluation from your preceptor will be based directly on your performance in these 6 core competencies as described below.

- a. Communication - the student should demonstrate the following clinical communication skills:
  1. Effective listening to patient, family, peers, and healthcare team
  2. Demonstrates compassion and respect in patient communications
  3. Effective investigation of chief complaint, medical and psychosocial history specific to the rotation
  4. Considers whole patient: social, spiritual & cultural concerns
  5. Efficiently prioritizes essential from non-essential information
  6. Assures patient understands instructions, consents & medications
  7. Presents cases in an accurate, concise, well organized manner
- b. Problem Solving – the student should demonstrate the following problem solving skills:
  1. Identify important questions and separate data in organized fashion organizing positives & negatives
  2. Discern major from minor patient problems
  3. Formulate a differential while identifying the most common diagnoses
  4. Identify indications for & apply findings from the most common radiographic and diagnostic tests
  5. Identify correct management plan considering contraindications & interactions
- c. Clinical Skills - the student should demonstrate the following problem solving skills:
  1. Assesses vital signs & triage patient according to degree of illness
  2. Perform good auscultatory, palpatory & visual skills
  3. Perform a thorough physical exam pertinent to the rotation

- d. Osteopathic Manipulative Medicine - the student should demonstrate the following skills in regards to osteopathic manipulative medicine:
  - 1. Apply osteopathic manipulative medicine successfully when appropriate
  - 2. Perform and document a thorough musculoskeletal exam
  - 3. Utilize palpatory skills to accurately discern physical changes that occur with various clinical disorders
  - 4. Apply osteopathic manipulative treatments successfully
  
- e. Medical Knowledge – the student should demonstrate the following in regards to medical knowledge:
  - 1. Identify & correlate anatomy, pathology and pathophysiology related to most disease processes
  - 2. Demonstrate characteristics of a self-motivated learner including demonstrating interest and enthusiasm about patient cases and research of the literature
  - 3. Are thorough & knowledgeable in researching evidence based literature
  - 4. Actively seek feedback from preceptor on areas for improvement
  - 5. Correlate symptoms & signs with most common diseases
  
- f. Professional and Ethical Behaviors - the student should demonstrate the following professional and ethical behaviors and skills:
  - 1. Is dutiful, arrives on time & stays until all tasks are complete
  - 2. Consistently follows through on patient care responsibilities
  - 3. Accepts & readily responds to feedback, is not resistant to advice
  - 4. Assures professionalism in relationships with patients, staff, & peers
  - 5. Displays integrity & honesty in medical ability and documentation
  - 6. Acknowledges errors, seeks to correct errors appropriately
  - 7. Is well prepared for and seeks to provide high quality patient care
  - 8. Identifies the importance to care for underserved populations in a non-judgmental & altruistic manner
  
- g. Osteopathic Manipulative Medicine Components  
Students must be familiar with the OMM didactic and workshop requirements for their OMS-4 year as described in the Osteopathic Manipulative Medicine website