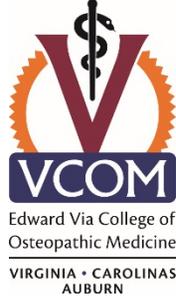




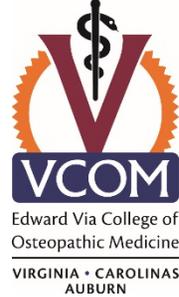
## Faculty and Staff Development Schedule 2018 - 2019

Date and Time	Presentation Site Polycom Site	Session Title and Description
Thursday, July 19	Virginia Campus Room 135	<p><b><i>NIH Biosketch:</i></b> Boost Reviewer Interest, Exude Confidence, Get Funded            Presenter: Diane H. Leonard, GPC, DH Leonard Consulting &amp; Grant Writing Services            Securing the ability to format and compose your NIH Biosketch is critical to your application's approval. No one knows that better than grant writing consultant, Diane H. Leonard, GPC. Over the last 12 years, she has secured over \$48.6 million in funding for her clients. During her upcoming 60-minute online training session, she will provide you with a blueprint of how you can more easily and effectively create a successful Biosketch to improve your funding odds.</p> <p>Here are just a few of the step-by-step Biosketch strategies you'll receive:            Gain solid insight into more accurately completing your Biosketch forms            Decide who are the best references to include to improve your funding chances            Deciding which are the five most important contributions to science to include.            How to effectively include factors that have caused a previous decrease in productivity            Better understand how and why reviewers use your Biosketch to consider your proposal            Stop a simple formatting mistake from causing your application to get rejected            Prioritize your potential references to elevate reviewer interest in your proposal            Overcome extenuating productivity influencing factors: illness, family care, military, disability, etc.            Your Biosketch must answer the key questions reviewers will ask as they review your Biosketch:            Does your prior training and experience show you can complete your objectives?            Is your academic, clinical (if relevant), and research record of high quality?            Do you have the available time and effort to devote to completing your proposed work? Are you effectively highlighting the skills of your key personnel to compensate for any gaps of knowledge?</p>



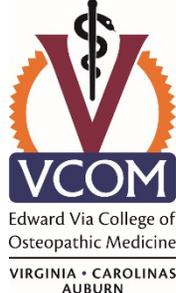
## Faculty and Staff Development Schedule 2018 - 2019

		<p>Ms. Leonard is a Grant Professional Certified (GPC) and Approved Trainer for the Grant Professionals Association. She has <b>personally secured more than \$48.6 million dollars</b> in competitive grant funds for her clients from <b>federal, state and local government, and private foundations</b> since founding her company, DH Leonard Consulting &amp; Grant Writing Services, in 2006. Diane began her work in philanthropy by serving as a grantmaker, and continues to draw on that experience by serving as a reviewer for grantmakers each year.</p>
Thursday, August 16	Virginia Campus Classroom 2	<p><b><i>Virginia Campus Emergency Training</i></b>            Presenter: Randy Cerovsky, Director of Facilities, Auburn Campus            Join us as Randy Cerovsky, Director of Facilities for VCOM AC, visits the Virginia Campus and discusses the subject of emergency preparedness. Prior to joining the VCOM Auburn Campus, Randy's thirty-year career was spent at Auburn University in Public Safety.</p> <p>At the end of the session, participants will:</p> <ul style="list-style-type: none"> <li>• learn the best way to handle an emergency situation/s</li> <li>• be presented with ways to respond to an active shooter or other threatening situations</li> <li>• better understand how to react and respond to certain emergencies in their building.</li> </ul> <p>These efforts are made to ensure you feel safe not only here at VCOM but everywhere you go. You will learn a great deal!</p>
Friday, August 18	Virginia Campus VCOM 2	<p><b><i>Appreciative Advising Workshop</i></b>            Presenter: Edward Magalhaes, PhD, LPC, Assistant Professor for the Psychiatry and Neuro-Behavioral Sciences Department</p> <p>This hands-on workshop is designed to benefit everyone who interacts with students. It will focus on providing an overview of an exciting movement within the academic advising community called Appreciative Advising. The presentation is based on the book titled, <i>The Appreciative Advising Revolution</i> by Dr. Jennifer Bloom, Dr. Bryant Hutson and Dr. Ye He from the University of North Carolina at Greensboro. We will discuss the important role that advising plays in student success using the six phases of Appreciative Advising - Disarm,</p>



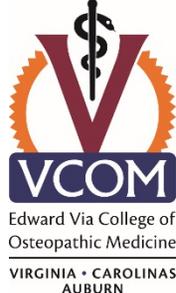
## Faculty and Staff Development Schedule 2018 - 2019

		<p>Discover, Dream, Design, Deliver, and Don't Settle. Participants will also have the opportunity to learn specific techniques for implementing each of these phases.</p> <p>Objectives:</p> <ol style="list-style-type: none"> <li>1. have more confidence in your ability to positively impact students' lives</li> <li>2. understand and appreciate the important contributions advisors make to the campus community</li> <li>3. identify your advising strengths and purposes</li> <li>4. incorporate Appreciate Advising principles and practices in your advising sessions</li> <li>5. identify ways to build stronger rapport with students</li> <li>6. identify and understand how to leverage resources in the campus environment to achieve Appreciative change.</li> </ol>
<p>Thursday, August 30</p>	<p>Virginia Campus Room 135</p>	<p><b><i>2018-2019 Application Cycle Welcome and Review for Faculty and Staff Interviewers</i></b></p> <p>Presenters: Whitney K. Stokes, Assistant Vice President for Student Services          Kristin Newton, Director of Admissions          Lisa Leichner, Admissions Coordinator</p> <p>With the Class of 2022 finally here and settling in, it's time to begin to recruit and interview the Class of 2023. During this session, we will review data from the Class of 2022 Application Cycle, give an overview of interview procedures, cover questions about the AMP application system and discuss important changes for the upcoming cycle. <u>All administrative staff, clinical or biomedical faculty who interview applicants are asked to please attend.</u> Special emphasis will be placed on how to give productive interview feedback to best assist the Admissions Committee in choosing applicants for the Class of 2023 (your future students!).</p> <p>By the end of the session, participants will:</p> <ul style="list-style-type: none"> <li>• have an understanding of the data from the Class of 2022 Application Cycle and how it will be used when building the Class of 2023</li> </ul>



## Faculty and Staff Development Schedule 2018 - 2019

		<ul style="list-style-type: none"> <li>• be able to articulate the back-end of the application process for candidates applying for Admission to VCOM and what has transpired prior to them meeting with a candidate to interview</li> <li>• be aware of all interview procedures and be confident in their ability to use the AMP application system</li> <li>• know how to give constructive interview feedback and understand why their feedback is invaluable to the Admissions Committee.</li> </ul>
Thursday, September 20	Virginia Campus Room 135	<p><b><i>Detecting Fraudulent Emails</i></b> Presenters: VCOM Virginia IT Department This faculty/staff development session will provide tips for identifying potentially fraudulent emails, and best practices associated with them. Examples of recent emails will be examined, and the IT staff will also educate faculty/staff on the ongoing measures that are taken to protect the college from security threats. Learning Objectives</p> <ul style="list-style-type: none"> <li>• become familiar with oddities that are routinely found in fraudulent email</li> <li>• understand who to contact and how to properly handle fraudulent email</li> <li>• remember that if an email seems suspicious, it probably is!</li> </ul>
Wednesday, September 26	Virginia Campus Room 135	<p><b><i>Tiny Habits™ Method of Behavior Change</i></b> Presenter: Joshua Hollingsworth, PharmD <b><i>Tiny Habits® Method of Behavior Change</i></b> Presenter: Joshua C. Hollingsworth, PharmD, PhD, Discipline Chair for Pharmacology, VCOM-Auburn (videoconferenced from the AC) Attendees will learn the Tiny Habits® method for behavior change. They will also be given the opportunity to complete a 5-day (Mon-Fri) Tiny Habits Training Program the following week that is delivered remotely via email. In the 5-day Program, which will take ~3 minutes</p>



## Faculty and Staff Development Schedule 2018 - 2019

		<p>per day (at your convenience), Dr. Hollingsworth will provide guidance as participants practice using the Tiny Habits® method.</p> <p>Tiny Habits®:</p> <ul style="list-style-type: none"> <li>• was created by Dr. BJ Fogg, PhD (Stanford University)</li> <li>• is a breakthrough method for creating habits in your daily life</li> <li>• has been successfully used to change behavior by &gt; 65,000 people</li> <li>• does not rely on willpower or motivation.</li> <li>• is surprisingly simple and fun</li> <li>• treats habit formation as a skill that can be learned and improved upon with practice.</li> </ul>
<p>Wednesday, October 3</p>	<p>Virginia Campus Room 135</p>	<p><b><i>VCOM eLibrary Databases and Dynamed Plus</i></b>          Presenter: Joanne Hoff, Bio-Medical Field Sales Representative, EBSCO Health and Elaine Powers, Director of Library Services</p> <ol style="list-style-type: none"> <li>1. Elaine Powers will provide a review of VCOM's electronic databases.</li> <li>2. The <b><i>Dynamed Plus</i></b> session by Joanne Hoff will include the following:             <ul style="list-style-type: none"> <li>• 7 step methodology used to create the topics in Dynamed Plus</li> <li>• the alerting feature</li> <li>• guidelines and how Dynamed Plus can help in staying current</li> <li>• the use of GRADE</li> <li>• full text linking</li> <li>• images and graphics</li> <li>• printing and emailing topics</li> <li>• mobile App</li> <li>• CME and personal user accounts.</li> </ul> </li> </ol>



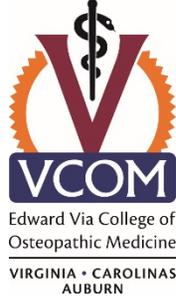
## Faculty and Staff Development Schedule 2018 - 2019

Thursday, October 18	Virginia Campus Room 135	<p><b><i>Acupuncture</i></b>  <b>Presenter: Michael Denbow, Ph.D.</b>            Want to know more about acupuncture and Chinese Medicine? Come join us as Dr. Mike Denbow provides an overview of this 5,000 year old health care modality. An effective form of medical treatment that promotes natural healing, it can enhance recuperative power and immunity, support physical and emotional health, and improve overall function and well-being. Modern science has begun to understand the secrets of this ancient medicine with the support of new studies conducted by leading scientists, hospitals and medical research facilities from all over the world.</p> <p><i>Dr. Michael Denbow, professor emeritus at Virginia Tech, received his B.S. and M.S. from the University of Maryland, and, in 1980, his Ph.D. in physiology from North Carolina State University. He retired after 38 years at Virginia Tech where he published over 230 papers, and taught courses including Anatomy and Physiology, Neurochemical Regulation, and Chinese Medicine. Dr. Denbow has studied martial arts and tuina as a member of the North American Tang Shou Tao Association since the late 1980's. In 2006, he became a certified instructor for Jin Shou Tuina through the American Organization for Bodywork Therapies of Asia (AOBTA®). He graduated from the Jung Tao School of Classical Chinese Medicine where he also taught Anatomy and Physiology and served as the Academic Dean. Since obtaining his acupuncture license, he has continued to emphasize tuina and acupuncture as his main modalities in his acupuncture clinic located in Blacksburg, Virginia. Dr. Denbow is currently serving on the Board of Directors of the Jung Tao School of Classical Chinese Medicine.</i></p>
Friday, October 19	Virginia Campus Room 135	<p><b><i>Governor Ralph Northam - Grand Rounds on the Opioid Crisis</i></b>  <b>Presenter: Governor Ralph Northam</b></p>
Thursday, October 25	Virginia Campus Room 135	<p><b><i>Understanding and Using the Concept of Intersectionality</i></b>  <b>Presenter: Edward P. Magalhaes, Ph.D., L.P.C.</b>            Assistant Professor, Director of Academic and Counseling Services</p>



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		Intersectionality is a conceptual framework aimed at helping individuals understand the complex nature and diversity of others. In this faculty development, participants will learn more about intersectionality and its framework. They will see how they can utilize it in their own daily living to better empathize and help address the needs and interests of others in a more meaningful manner.
Tuesday, November 6	Virginia Campus Room 135	<p><b><i>Wellness from a Personal Trainer's Perspective</i></b>  <b>Presenter:</b> Brian Dickens, DO, Discipline Chair for Family Medicine</p> <p>As physicians, we have our typical definition of health: 1. Good blood pressure. 2. Good cholesterol. 3. Blood sugar within the normal range. 4. Healthy BMI. Dr. Dicken's prefers a personal trainer's perspective for this. 1. Can you run a mile? 2. Can you lift your own body weight? 3. If your life depended on it, could you ____? Join us as Dr. Dickens gives us an overview of wellness from a personal trainer's perspective.</p> <p><i>Dr. Dickens has published two books, "Your Health, an Owner's Manual" in 2011 and "Habits for a Healthy Life" in 2013, and is a Certified Personal Trainer with the American Council on Exercise. He's participated in several international medical missionary trips and his clinical interests include international medicine, pediatric and adolescent medicine, medical genetics, and osteopathic manipulative medicine.</i></p>
Wednesday, November 7	Virginia Campus Room 135	<p><b><i>Supporting Students' Mental Health: Perspectives and Recommendations for Faculty/Staff</i></b>  <b>Presenter:</b> E4Healthcare.com - GoToWebinar</p> <p>Students typically encounter a great deal of stress during their college years. Although many students cope successfully with the demands of college life, for some the pressures can become overwhelming and unmanageable. Mental health and well-being of students is a shared responsibility of all faculty and staff. This training will provide general information about mental health, explore the unique challenges that college students face, and a specific model of how to support students who are in distress or experiencing a mental health issue.</p> <p><b>Learning Objectives:</b></p> <ul style="list-style-type: none"> <li>• Discuss common issues facing college students and prevalent mental health challenges within this population.</li> <li>• Identify common physical, psychological and</li> </ul>



## Faculty and Staff Development Schedule 2018 - 2019

		<p>behavioral symptoms of distress and mental health conditions. • Apply the ALGEE Action Plan model to support a student experiencing a mental health crisis.</p>
<p>Thursday, November 8</p>	<p>Virginia Campus Room 135</p>	<p><i><b>A Conversation with Dr. Kevin Sprouse, 2007 VCOM Graduate, and His Journey as a DO</b></i>          Dr. Kevin Sprouse, VCOM Class of 2007, will be visiting the Virginia Campus on Thursday, November 8, and will present a talk to our students in the evening about his work as a DO physician and his career path. Dr. Sprouse trained as an Emergency Medicine doctor but left that to become a sports medicine and rehab doctor. For those interested in attending the evening session, pizza will be served from 5:30 pm to 6:00 pm on the second floor with the seminar from 6:00 pm - 7:30 pm in Lecture Hall 2.</p> <p>In collaboration with Faculty Development, the Biomedical Division will host a session with Dr. Sprouse at 2:30 pm in Room 134 where VCOM Faculty and Staff can greet Dr. Sprouse and hear his story. Light refreshments will be available.</p> <p>Dr. Sprouse has had incredible experiences since graduation from VCOM. These include but not limited to, serving as physician yearly for the Hawaii Ironman triathlon, and being the team physician for the Garmin (now Education First professional cycling team in the Tour de France and other grand cycling events). Dr. Sprouse has traveled around the world being a physician to the world class athletes and has several fun, interesting, and in some cases heartbreaking stories to tell. He had done research in nutrition and fitness and publishes often. We are very fortunate to call him one our own. Please come to hear Dr. Sprouse share his life experiences.</p>



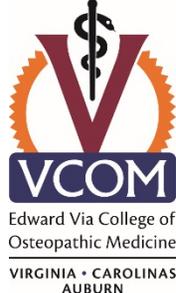
## Faculty and Staff Development Schedule 2018 - 2019

<p>Wednesday, November 14 &amp; Thursday, November 29</p>	<p>Virginia Campus Room 135</p>	<p><b><i>Biomedical Advisers for the Class of 2012 Training Session</i></b>  <b>Presenter:</b> Robert Campbell, MS, Director of Student and Institutional Academic Success          The Center for Institutional, Faculty, and Student Success will be offering a COMLEX Advising faculty development session on Wednesday, November 14 at 12:00 pm in VC Room 135. This session will cover the main topics of COMLEX prep and the procedures and timeline for your meetings with advisees, which will allow us to better meet the needs of our students as they prepare for this important step in their medical education. If you are a biomedical faculty advisor for the Class of 2021, please plan on attending as there are changes we are making to simplify the process.</p> <p>If you are unable to attend, a makeup session will be conducted on <b>Thursday, November 29, at 12:00 pm in Room 135 VC</b> (invitation to follow).</p>
<p>Friday, November 16 &amp; 30 Friday, December 14</p>	<p>Virginia Campus Room 135</p>	<p><b><i>Peer Review Committee</i></b>  <b>Facilitators:</b> <i>Drs. Renee Prater and Jim Mahaney</i>          With recent changes in the formatting, rigor, and construction of exam questions by NBOME, we have noted that style, difficulty, and focus of exam questions at VCOM vary pretty widely between disciplines and between instructors. To supportively and collaboratively address these factors, a new grass roots initiative is beginning. This initiative consists of a council of peers, comprised of teaching faculty, to perform peer review and guide the revision of exam questions for upcoming exams, to more closely mimic those approved by NBOME. What will this look like, and who will be involved?</p> <ol style="list-style-type: none"> <li>1. We will begin asking for exam questions minimally <b>THREE WEEKS</b> prior to the exam to allow this committee time for review and revision.</li> <li>2. We will also enthusiastically encourage each teaching faculty to write <b>NEW QUESTIONS</b> for their material every year, as reusing old questions has compromised the integrity of the exams in recent years (students talk to their little siblings and share this information).</li> </ol>



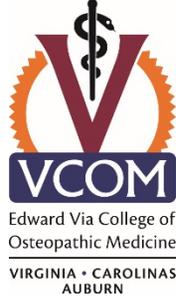
## Faculty and Staff Development Schedule 2018 - 2019

		<p>3. The interdisciplinary committee will review, suggest revisions, and return these suggestions to the instructor for their input, time permitting.</p>
<p>Wednesday, December 5</p>	<p>Virginia Campus Room 135</p>	<p><i><b>Suicide &amp; Foreseeable Violence to Others: Recent Court Rulings &amp; Risk Management to Improve Safety, Protect Students &amp; Minimize Institutional Liability</b></i>  <b>Presenter: Webinar</b></p> <p>Institutions have a duty to take varying levels of “reasonable action” to protect students from inflicting foreseeable self-harm, as well as from causing foreseeable violence to others. With suicide, homicide and injury being among the top three leading causes of death to 15-34 year-olds, this is a worry area that keeps administrators up at night. Failure to create clear policies and procedures that follow legal and ethical guidelines, adequately address privacy concerns and support student safety, could lead to costly litigation, a public relations nightmare or worse: a student injury or death.</p> <p>Expert presenters, Dr. Brian Mistler, Executive Director of Student Health &amp; Wellness at Humboldt State University, and Mark St. Louis, Associate General Counsel at St. Petersburg College, will review recent court rulings, core risk management principles and best practices for managing risk of harm to self and others.</p> <p>As a result of this webinar, you will be able to:</p> <ul style="list-style-type: none"> <li>• Utilize a safety/risk decision-making matrix to formalize information sharing, including notification of parents and guardians in an academic, dean of students and confidential health/counseling setting to protect students – <i>create clear policies and procedures that address privacy concerns, protect the health and safety of students and minimizes institutional liability.</i></li> <li>• Clarify how the Department of Justice’s definition of direct threat under Title II of the Americans With Disabilities Act applies differently to the risk of harm to self versus harm to others – <i>develop clear and compliant policies to address students leave and return from leave processes.</i></li> </ul>



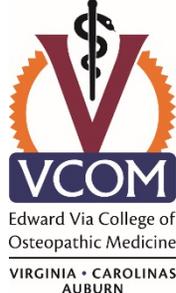
## Faculty and Staff Development Schedule 2018 - 2019

		<ul style="list-style-type: none"> <li>• Provide faculty, staff and students with systematic “gatekeeper” training using available tools on recognizing and responding to students in need of mental health or basic needs resources – <i>improve campus safety through campus-wide education and prevention programs that support, engage and help to retain at risk students WITHOUT placing even greater demand on your counseling services.</i></li> <li>• Initiate a campus-wide dialogue with faculty, staff, administration and students on the current mental health crisis and campus policies that address “students of concern” – <i>appropriately identify and mitigate reasonably foreseeable risks of self-harm or violence to others in compliance with the ethical and legal standards.</i></li> </ul> <p>Understand institutional negligence and liability to protect your students and institution from reasonably foreseeable risks of self-harm or violence to others – ensure your case management system for students in distress complies with key legal and state supreme court rulings from across the country and encourages appropriate communication between academic affairs, student affairs and campus support services.</p>
<p>Wednesday, December 12</p>	<p>Virginia Campus Room 135</p>	<p><b><i>Herbal Medicines: The Good, The Bad, &amp; The Ugly</i></b>          Presenter: Katherine P. Jamison, PharmD, BCPS, Assistant Professor for Pharmacology, VC          Herbal or dietary supplements are available over-the-counter and many make claims to improve symptoms of disease or promote health. These products are not approved or regulated by the FDA but do have some medical literature behind their use. This session will provide information on commonly encountered herbal supplements, their health claims as well as adverse effects and toxicities. The session is <b><i>not</i></b> intended to provide recommendations for personal health but rather educate faculty and staff on available products to encourage discussion with their own health care providers about the use of herbal or dietary supplements.          Attendees are encouraged to register with Poll Everywhere prior to the presentation for an interactive experience with audience response questions. It’s free and easy to use. There’s an</p>



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		<p>app, website or you can participate via text message during the presentation. Please bring the device you wish to use (computer, tablet or smartphone) to the presentation.</p> <p><i>Download the Poll Everywhere App on your smart phone and join the presentation by entering katherinejam446</i></p> <p style="text-align: center;"><i>OR</i></p> <p><i>Visit <a href="http://PollEv.com/KATHERINEJAM446">PollEv.com/KATHERINEJAM446</a> to get started</i></p> <p style="text-align: center;"><i>OR</i></p> <p><i>Text KATHERINEJAM446 to 37607 to get started</i></p> <p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• Review the Food and Drug Administration’s position on herbal supplements</li> <li>• Identify indications for herbal supplements and the evidence behind their use</li> <li>• Understand potential problems with using herbal supplements</li> </ul>
<p>Tuesday, December 18</p>	<p>Virginia Campus Room 135</p>	<p><i><b>An Overview of AccessMedicine and AccessMedicine’s Case Files®</b></i></p> <p>Matt Scalabrino from McGraw-Hill will give an overview of the <b>AccessMedicine</b> database as well as the <b>Case Files®</b> database.</p> <p><b>AccessMedicine</b> from McGraw-Hill Medical is a comprehensive online medical resource that provides a complete spectrum of knowledge from the best minds in medicine, with essential information accessible anywhere. <b>AccessMedicine</b> provides medical students with a variety of resources needed to excel in basic science studies and clerkships; helps residents, nurse practitioners, and physician assistants with instant access to videos, self-assessment, and leading medical textbooks that facilitate decision-making at the point-of-care; and allows practicing physicians to brush up on their medical knowledge to ensure the best patient outcome.</p> <p><b>AccessMedicine’s Case Files®</b> Collection from McGraw-Hill Education offers the best-selling Case Files® content in an interactive format. Updated regularly, this comprehensive case</p>



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		collection helps students learn and apply basic science and clinical medicine concepts in the context of realistic patient cases. The complete collection offers 23 Case Files series books covering basic science and clinical medicine.
Wednesday, January 9	Virginia Campus Room 135	<b><i>Copyright Essentials and Review</i></b> Presenter: Inga Haugen, Virginia Tech Life Science, Agriculture, and Scholarly Communication Librarian This session will focus on a review of copyright essentials for teaching and preparing lecture materials. Inga will also discuss how to obtain permission to use copyrighted materials.
Fridays, January 11 January 25 February 8	Virginia Campus Room 135	<b><i>Peer Review Committee</i></b> <b><i>Facilitators: Drs. Renee Prater and Jim Mahaney</i></b> With recent changes in the formatting, rigor, and construction of exam questions by NBOME, we have noted that style, difficulty, and focus of exam questions at VCOM vary pretty widely between disciplines and between instructors. To supportively and collaboratively address these factors, a new grass roots initiative is beginning. This initiative consists of a council of peers, comprised of teaching faculty, to perform peer review and guide the revision of exam questions for upcoming exams, to more closely mimic those approved by NBOME. Please join us for this session.
Tuesday, January 22	Virginia Campus Room 135 Polycommmed from the AC	<b><i>COMBANK Training (from the AC)</i></b> Presenter: Dr. Sherry Smith, Ph.D., Director of Academic Success at TrueLearn COMBANK has a goal of creating a win-win environment to improve outcomes. Over 25 Osteopathic Medical Schools use COMBANK's Institutional Portal to take a data-driven approach to improving COMPLEX outcomes. Along with benchmarking one's class to other osteopathic institutions around the nation, COMBANK also gives faculty the power to administer custom quizzes and assessment exams to integrate with the curriculum. COMBANK's comprehensive analytics platform allows program administrators and faculty to identify at-risk students and track their improvement over time. Objectives of the faculty session are:



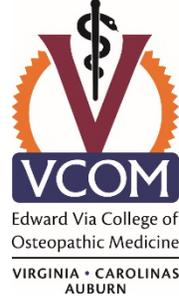
## Faculty and Staff Development Schedule 2018 - 2019

		<ul style="list-style-type: none"> <li>- discuss Best Practices on How to Incorporate TrueLearn</li> <li>- introduction to Administrator Dashboard</li> <li>- compare Various Program/Member Analytics</li> <li>- demonstrate How to Create and Assign Quizzes</li> <li>- review Levels of Admin Permissions</li> <li>- review Additional Management Features</li> </ul>
Wednesday, January 30	Virginia Campus Room 135 (polycommitted to the CC)	<p><b><i>VCOM Global Health Options for Medical Students, Residents and Alumni</i></b>            Presenter: H. Dean Sutphin, Vice Provost for International and Appalachian Outreach            VCOM's International Program has permanent clinics in Honduras, El Salvador and the Dominican Republic and provides one of the best Global Health options among both allopathic and osteopathic medical schools in the US. The program is a major incentive for recruiting medical students. VCOM students may travel on one-week international outreach in year two, one-month options in year three and four, and participate as residents and alumni. Join this faculty/staff development session to discover the wonderful opportunities available in VCOM Global Health.</p>
Wednesday, February 6	Virginia Campus Room 135	<p><b><i>Radical Acceptance: A Gateway to Resiliency and Inner Peace</i></b>            Presenter: Alan Forrest, Ed.D., Professor, Department of Counselor Education, Radford University            It is what it is until it isn't. There is so much of living life that is out of our control. To actively work toward living a life of being at ease that promotes resiliency and peace, we must make a conscious choice to accept reality rather than push against it. Radical acceptance is the recognition of what is happening inside of us and regarding what we see with an open, kind, and loving heart. In this session, through mindfulness practice and group discussion, we will examine how we can sit with both dis-ease and acceptance. Radical acceptance will be applied to helping patients and supporting ourselves through this heart opening practice.</p>



## Faculty and Staff Development Schedule 2018 - 2019

		<p>Learning Objectives:</p> <ul style="list-style-type: none"> <li>• understand the concept of radical acceptance</li> <li>• learn how to skillfully address resiliency and inner peace both professionally and personally</li> <li>• cultivate a sense of personal self-compassion and overall well-being.</li> </ul> <p><u><i>Brief Bio</i></u>  <i>Alan Forrest, Ed.D. is a Professor in the Department of Counselor Education at Radford University. Alan is a Licensed Professional Counselor and Licensed Marriage &amp; Family Therapist. He has facilitated mindfulness/meditation training seminars, workshops, and retreats. In addition to his personal mindfulness meditation practice, Alan has led, and co-led, mindfulness retreats for undergraduate and graduate college students, medical students, medical faculty, school faculty and staff, human service and mental health professionals, hospital personnel, educators, young adults and others. He is actively involved in infusing mindfulness into both his counseling practice and into the college classroom. He is interested in mindfulness pedagogy and facilitates weekly mindfulness practice groups at Radford University for faculty, staff, and students.</i></p>
<p>Tuesday, February 19</p>	<p>Virginia Campus</p>	<p><b><i>What Are All Those People Doing in the Anatomy Lab?</i></b>  Presenters: John A. Anstrom, PhD, Discipline Chair for Anatomical Sciences  The process of teaching anatomy was standardized in the early 20<sup>th</sup> century. For the past three decades the standard model has been undergoing extensive revision. This development session will consider some of these changes as they relate to gross anatomy courses. The training of faculty called upon to teach human anatomy has also been changing. The teaching of anatomy as well as the training of anatomy teachers are topics discussed at annual meetings of the American Association of Anatomists. Some of the recent discussions will be reviewed. Following the short discussion/lunch period, there will be a visit to the anatomy lab where participants will learn how the VCOM Anatomy Course is organized and will see some of the special materials that are employed in this task.</p>



## Faculty and Staff Development Schedule 2018 - 2019

		<p>The participant will learn about:</p> <ul style="list-style-type: none"> <li>• anatomy education topics discussed at national organizations of anatomists</li> <li>• career paths that lead to the anatomy lab</li> <li>• The VCOM anatomy laboratory and how the human gross anatomy course is organized and presented to medical students.</li> <li>•</li> </ul> <p>Lunch will be available. Please attend if your schedule allows.</p>
<p>Thursday, February 21</p>	<p>Virginia Campus</p>	<p><b><i>Science and Serendipity</i></b>          Presenter: Terrie E. Taylor, DO</p> <p>Dean Willcox cordially invites you to attend the next presentation of the <u>Leading Global Health Seminar Series</u> at the Virginia Campus, which will occur on <u>Thursday, February 21 at 12:30 pm in Lecture Hall 2.</u> VCOM's Leading Global Health Seminar Series provides experiences and stories from leaders in the medical field on various issues of global health importance. With the increasing interconnectedness in health needs of people around the world, the expanding role of the osteopathic physician in providing care for those most in need is recognized through this ongoing event.</p> <p>Our speaker will be <u>Terrie Taylor, DO</u>, a University Distinguished Professor at Michigan State University in the College of Osteopathic Medicine. Dr. Taylor has a long history of mission medicine practice and research work in Malawi and in particular in the prevention and early diagnosis and treatment of malaria. She is a leader in cerebral malaria and is studying the mechanism of brain swelling in children as an important step in developing better therapies. The work of Dr. Taylor and the larger team in Malawi has seen a recent decline in the number of cases of cerebral malaria in Malawi.</p>



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		<p>Dr. Taylor is a phenomenal physician and you are not going to want to miss her stories and perspectives on osteopathic medicine and global health.</p> <p>Lunch available at 12:00 pm in the lobby.</p>
<p>Friday, February 22</p>	<p>Virginia Campus</p>	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p><b>See our website for additional information.</b></p> </div> </div> <div style="text-align: center; margin-top: 20px;">  <p><b>Via Research Recognition Day</b> Friday, February 22, 2019 Edward Via College of Osteopathic Medicine 2265 Kraft Drive, Blacksburg, Virginia 24060 More details will be forthcoming</p> </div>
<p>Tuesday, March 5</p>	<p>Virginia Campus</p>	<p><i>NRMP- SOAP Prep</i></p>



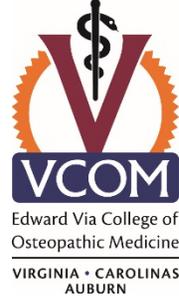
## Faculty and Staff Development Schedule 2018 - 2019

Friday, March 8 and 22	Virginia Campus	<p><b><i>Peer Exam Review Committee</i></b>  <b><i>Facilitators: Drs. Renee Prater and Jim Mahaney</i></b></p> <p>With recent changes in the formatting, rigor, and construction of exam questions by NBOME, we have noted that style, difficulty, and focus of exam questions at VCOM vary pretty widely between disciplines and between instructors. To supportively and collaboratively address these factors, a new grass roots initiative is beginning. This initiative consists of a council of peers, comprised of teaching faculty, to perform peer review and guide the revision of exam questions for upcoming exams, to more closely mimic those approved by NBOME. Please join us for this session.</p>
Wednesday, March 13	Carolina Campus	<p><b><i>VCOM Faculty Research Presentations: 5 slides, 5 minutes, 5 questions</i></b></p> <p>Interested in learning about the research some of our VCOM faculty are working on? Join us on Wednesday, March 13 to hear past and current REAP and One Health awardees discuss their research findings. Employing the 5/5/5 format, we ask the faculty to summarize their research findings and scholarly activity using five slides. They will have five minutes to present and then there will be five minutes to take questions. In this session, the following faculty from Carolinas Campus will be presenting:</p> <p><i>Jillian Bradley, PhD, The efficacy of facial effleurage on acute rhinosinusitis</i>  <i>Stephan Brown, MD, PhD The role of stem cells in colon cancer development</i>  <i>Randy Gregg, PhD, Understanding immune modulation for therapeutics development</i>  <i>Zoltan Hajdu, MD, Common connective tissue progenitors in the common connective tissue progenitors in the cardiovascular system</i>  <i>Teresa Kilgore, DO, OMM lymphatic techniques and lower extremity wound healing</i></p> <p>This interesting and intensive activity takes place at VCOM's annual Research Retreat; however, due to the inclement weather in December, these presentations were postponed until now. We hope these sessions will engender collaborative ideas, and give you an appreciation of the important and diverse research taking place across VCOM!</p>



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<p>Tuesday, March 19</p>	<p>Virginia Campus</p>	<p><b><i>The History of Osteopathic Medicine</i></b>          Presenter: Presenter: Jan M. Willcox, DO, Dean, Virginia Campus          Join us as Dean Willcox provides an overview of osteopathic medicine and its development and practice. Topics to be discussed include:</p> <ul style="list-style-type: none"> <li>• the founder of osteopathic medicine and the first school of osteopathy;</li> <li>• influence of the state of medical practice in the development of osteopathy;</li> <li>• the role A.T. Still played in the development of Kansas as a Free State and Still's contribution to the Civil War;</li> <li>• milestones in osteopathy that influenced the development and acceptance of Osteopathic Medicine through the years;</li> <li>• care of patients during the flu epidemic of 1918;</li> <li>• 1962 merger of the allopathic and osteopathic associations in California;</li> <li>• AMA and the federal government moved to accept D.O.s;</li> <li>• military acceptance and acceptance to AMA residencies and Board Certification.</li> </ul>
<p>Thursday, March 28</p>	<p>Virginia Campus</p>	<p><b><i>VCOM Faculty Research Presentations: 5 slides, 5 minutes, 5 questions</i></b>          Interested in learning about the research some of our VCOM faculty are working on? Join us on Thursday, March 28, to hear past and current REAP and One Health awardees discuss their research findings. Employing the 5/5/5 format, we ask the faculty to summarize their research findings and scholarly activity using five slides. They will have five minutes to present and then there will be five minutes to take questions. In this session, the following faculty from Virginia Campus will be presenting:</p>



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		<p><i>Teresa Johnson, PhD, Establishing a lamb model of respiratory syncytial virus (RSV) pathogenesis</i></p> <p><i>Pawel Michalak, PhD, Leveraging integrative genomics toward bio-inspired solutions for health</i></p> <p><i>Blaise Costa, PhD, The NMDA receptors &amp; me</i></p> <p><i>Gunnar Brolinson, DO, A novel mouse model of eccentric loading for the investigation of Achilles musculotendinous adaptation</i></p> <p>This interesting and intensive activity takes place at VCOM's annual Research Retreat; however, due to the inclement weather in December, these presentations were postponed until now. We hope these sessions will engender collaborative ideas, and give you an appreciation of the important and diverse research taking place across VCOM!</p>