**Paravertebral Spinal Facilitation**

Sympathetic-mediated

Parasympathetic-mediated

**HEENT**

 T1-4; C2 (CNs III, VII, IX)

**Heart**

 T1-5; C2 (CN X)

**Lungs**

 T2-7; C2 (CN X)

**Esophagus**

 T2-T6

**Foregut**

 T5-9; C2 (CN X)

**Midgut**

 T10-12; C2 (CN X)

**Hindgut**

 T12-L2; S2-S4

**Adrenals**

 T8-10

**Kidneys**

 T10-L1; C2 (CN X)

**Bladder**

 T10-L2; S2-S4

**Gonads**

 T9-10; C2 (CN X)

**Uterus & Cervix**

 T10-L2

**Prostate**

 T11-L2

**Upper Extremity**

 T2-T7

**Lower Extremity**

 T10-L3