



Thomas Paxton, MD
Director of
Student Medical Education



302 University Parkway, Aiken, SC 29801



Greg Black
Site Coordinator



Welcome to Aiken Regional Medical Centers

Aiken Regional Medical Centers, located in Aiken, South Carolina, is a 273-bed acute care facility providing quality healthcare to the residents of Aiken and surrounding communities. Aiken Regional Medical Centers has been ranked a top hospital in South Carolina by the Carolina Center for Medical Excellence for its treatment of heart attack, heart failure and pneumonia. Services provided at the hospital include emergency medical care, orthopedic surgeries, maternity and behavioral health services.

Welcome to Aiken Regional

BETTER *health.* BETTER *life.*



Creating and maintaining a culture centered on you, our patients, and your families, is an important part of what we do every day here at Aiken Regional Medical Centers. To help us improve your experience, we created a patient and family advisory committee, which has allowed us to see things through your eyes. As a result, many improvements have been made in the last year and we share updates with you beginning on page 4. You will also learn about one patient's

testimonial of the excellent care she received when she visited our emergency department.

In other stories, you'll read about a local patient who suffered for many years with chronic reflux. But after having a new type of procedure here, she is symptom-free and no longer needs to take reflux medication. We also share information on the new wireless fetal monitors being used in the Women's LifeCare Center that allow women in labor to move and walk around freely.

Additionally, we share stories with you about immunization awareness month and include a handy chart to help you keep up to date on your vaccinations; prostate health; options for hernia repair; baby and child safety; and cholesterol education. We also welcome Interventional Cardiologist Janet Utz, MD, and share a photo from our Doctors' Day Art Exhibit. Remember to take a look at the Health Choices section, which lists some of the many classes and groups available for the community.

As always, we look forward to continuing to be of service to you. Enjoy the rest of your summer, and know we are here when you need us.

All the best,

Matt Merrifield
Chief Operating Officer

Hospital Facts & Numbers

For Aiken Regional Medical Centers

150

PHYSICIANS

1,154

HOSPITAL EMPLOYEES

40+

SPECIALTIES

Services Offered

 Behavioral Health Services	 Business and Industry Health
 Cancer Care Institute	 Cardiovascular Institute of Carolina at Aiken Regional
 Diabetes Management	 Emergency Services
 Endoscopy Center	 Laboratory Services
 Orthopedic Services	 Palmetto Pediatric Center
 Rehabilitation	 Southside Imaging Center
 Stroke Care	 Surgical Services
 The Neuroscience Center	 The Sleep Center
 Women's Services	 Wound Healing Institute of Carolina

Visiting Hours and Guidelines

Visitors can be very important to a patient's recovery, and all patients have equal visitation privileges, according to their own preferences. However, it is important to balance the benefits of visitation with the hospital's duty to provide the most therapeutic environment possible for recovery. Clinically appropriate limitations may be placed on patient's visitation when it would interfere with the care.

Visiting Hours

- **General Care areas:** 9:00 a.m. – 9:00 p.m.
 - **Intensive Care Unit:** 8:00 a.m. – 2:00 p.m.; 5:00 – 6:00 p.m.; 8:00 – 9:00 p.m.
 - **Women's LifeCare Center:** 9:00 a.m. – 9:00 p.m.
 - **Quiet Hours:** 3:00 – 5:00 p.m. daily throughout the entire facility to allow healing for our patients.
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Gift Shop

The hospital gift shop is located in the front lobby, and stocks candy, fresh flowers, greeting cards, baby items, balloons, jewelry and an assortment of other gifts. Gift wrapping is available for purchases made in the shop. The Hospital Auxiliary operates the gift shop. Proceeds fund scholarships for students who live in Aiken County and are enrolled in accredited medical education programs. Please check with the nurse before giving a patient any food or candy. Flowers are not permitted in the Intensive Care Units.

Hours:

- Monday - Friday: 9:00 a.m. – 7:00 p.m.
 - Saturday: 11:00 a.m. – 3:00 p.m.
 - Sunday: 11:00 a.m. – 3:00 p.m.
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Meditation Room

The meditation room is located on the 2nd floor.

Cafeteria

The cafeteria is located on the first floor.

Serving Line Hours

- Lunch: Monday - Friday 11:00 a.m. – 1:30 p.m.
- Dinner: Monday - Friday 4:30 p.m. – 6:30 p.m.

Grill Hours

- Breakfast: Monday - Friday 6:30 a.m. – 9:00 a.m.
- Lunch: Monday - Sunday 11:00 a.m. – 3:00 p.m.
- Dinner: Monday - Friday 4:00 p.m. – 7:00 p.m.

Vending machines are located in the cafeteria, Outpatient Surgery waiting area and Emergency Department waiting area.

Parking

Parking is available in all areas around the facility. Short-term and handicap parking spaces are available at the main entrance of the hospital. We ask that you do not park under the porticoes of the Main Lobby, Emergency Department, Registration Lobbies or the Women's LifeCare Center. These areas are for patient pickup/drop-off only. *****Students are required to park in parking lot behind Palmetto Pediatrics.***

Smoking

To promote better health for patients, associates and visitors, the entire campus of ARMC is tobacco free. Associates, patients and visitors may not use tobacco of any kind anywhere on campus (including all indoor and outdoor areas).

Rotations Available

- **3rd Year**
 - Family Medicine, Clinical Primary Care, Geriatrics, Internal Medicine I (inpatient), Internal Medicine II (outpatient), Obstetrics & Gynecology, Pediatrics, Psychiatry, and Surgery

 - **4th Year**
 - Cardiology, Cardiothoracic Surgery, Critical Care, Emergency Medicine, Gynecology Surgery, Obstetrics and Gynecology, Orthopedic Sports, Pathology, Pediatrics, Radiology, and Urology
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Available Lectures and Seminars

ARMC offers Tumor Conference every Wednesday at noon in Classroom A & B. All students are encouraged to attend.

Attendance Requirements for Lectures and Seminars

Attendance is required for third year students and encouraged for fourth years. OMM Workshops and Case Presentations are required and students are expected to participate while on their rotations.

Site Orientation

Core Students

- A three day Orientation is scheduled yearly for incoming core students that occurs the third week in July prior to the first rotation beginning in August (date subject to change). The Site Coordinator will notify the core students in advance of agenda and time requirements. Core students will also receive paperwork which should be completed and returned to ARMC Site Coordinator prior to start date.

Monthly Visiting Students

- Students will complete a one day orientation for the organization, along with online modules deemed appropriate by organization.
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Community Information

- Visit Aiken, SC - <http://www.visitaikensc.com/>
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Helpful Links

- Hospital Website - <https://www.aikenregional.com/>
 - ARMC Connect - <http://armcweb/>
 - Aiken Chamber - <http://www.aikenchamber.net/>
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Hospital Contact

- Main Number: 803-640-5100
- DSME: 803-641-5600
- Site Coordinator: 803-641-5091

Primary Care Physician

Dr. Asif Hashmi

- ADDRESS: 60 Physician Drive Suite 200 Aiken, SC 29801
 - PHONE: 803-644-1027
 - HOURS: Monday – Thursday 8AM-4:30PM
Friday 8AM-12PM
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Counseling Services

Dr. David Steiner (*Aiken Psychiatric & Psychotherapy Associates, P.A.*)

- ADDRESS: 33 Varden Drive Aiken, SC 29803
 - PHONE: 803-642-3801
 - HOURS: Monday – Tuesday 9am-6:30pm
Wednesday 9am-6pm
Thursday 9am-5:30pm
Friday 9am-5pm
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Quotes from Former Students

“Aiken Regional was an excellent environment to venture into clinical medicine. Working one on one with attending’s allowed me to learn in-depth about not just patient care but also practice management. I wasn’t a face lost in the crowd, fighting to stand out. The preceptors really cared about me and my education.” – Ashley Clune, c/o2019