

Via Research Recognition Day

Virginia Campus

February 13, 2026

Poster Session: VCOM 2, 2280 Kraft Drive, Blacksburg, VA 24060

7:30 am Check-In Desk Opens

8:00-10:30 am Poster Viewing + Final Round of Poster Competition

10:30-11:00 am Guests Invited to Move Across the Street to the Main VCOM Building, 2265 Kraft Drive, Blacksburg, VA 24060

VCOM transportation available for those in need

11:00-11:05 am Welcome and Opening Remarks

Dr. Ron Januchowski, DO, FACOFP

Dean for the Virginia Campus and Professor, VCOM

11:05-11:35 am "The State of Research at VCOM" – .50 CME

Dr. P. Gunnar Brolinson, DO, FAOASM, FAAFP, FACOFP

Vice President for Research and Professor, VCOM

11:35-12:05 pm "The VIA Learning Management System: Research" – .50 CME

Dr. Fred Rawlins, II, DO, and the VLMS Data Team

Senior Associate Dean for Simulation and Associate Professor

12:05-1:00 pm "A World of Possibility: Mindfulness, Imagination, and Integrative Well-Being" – 1.00 CME

Cassandra Vieten, PhD

Clinical Professor, Family Medicine, Director for the Center for Mindfulness and Centers for Integrative Health, Director of Research and Development for the Arthur C. Clarke Center for Human Imagination, and Clinical Psychology Director, Psychedelics and Health Research Initiative
University of California, San Diego

1:00-2:00 pm "From Measurement to Medicine: The PRISM Approach to Musculoskeletal Treatment" – 1.00 CME

Vincent Wang, PhD¹, Dr. P. Gunnar Brolinson, DO², and Dr. Albert Kozar, DO³

¹Associate Professor, Biomedical Engineering and Mechanics, Virginia Tech School of Engineering, ²Professor and Vice President for Research, VCOM, and ³Professor, Osteopathic Manipulative Medicine and Sport Medicine; Director, Osteopathic Neuromusculoskeletal Medicine Residency, VCOM-VC

2:00-2:30 pm Poster Competition Awards and Researcher of the Year Awards Ceremony

James Mahaney, PhD

Associate Dean for Biomedical Affairs and Research, VCOM-VC

2:30 pm Closing Remarks and Adjournment

Total CME Hours – 3.00 AOA and ACCME