



# Edward Via College of Osteopathic Medicine

4<sup>th</sup> Year Clinical Rotation: Physical Medicine/Rehabilitation

MED 8210: Medical Selective Clinical Rotation II

MED 8211: Medical Selective Clinical Rotation II

## COURSE SYLLABUS

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### I. Rotation Description

Students will learn to competently perform musculoskeletal and neurologic exams, understand rehabilitation assessment as it relates to structure and function and the work-related, industrial and compensation issues for injury and illness and determine the appropriate types of functional capacity assessment.

### II. Rotation Goals

- Perform a thorough physical examination as it relates to each area of the musculoskeletal system
- Complete a thorough physical assessment plan, diagnostic work up and treatment for chronic musculoskeletal pain and rule out life threatening systemic causes
- Complete a thorough physical assessment plan, diagnostic work up, treatment and accurate disability assessment for work-related injury, including acute and chronic repetitive injury
- Manage acute and chronic sports injuries
- Understand how body mechanics, posture and muscle imbalance contribute to chronic pain
- Understand the rehabilitation potential of patients with chronic conditions (such as Multiple Sclerosis and Parkinson's Disease) and demonstrate awareness of what is available to maximize their functional capacity and comfort
- Understand the appropriate use of physical therapy
- Demonstrate proficiency in performing Neurological and Musculoskeletal exams
- Demonstrate understanding of functional assessment and applying principles of chronic pain management

### III. Rotation Design

The majority of the Physical Medicine/Rehabilitation rotation occurs in the outpatient/ambulatory setting. Some sites may incorporate long term rehabilitation (e.g. TBI, stroke) and inpatient consult.

#### IV. Credits

4 week course = 4 credit hours

2 week course = 2 credit hours

#### V. Suggested Textbook and References

- a. *Physical Medicine and Rehabilitation* by Randall Braddom – Chapters 1 and 2
- b. *Essentials of Physical Medicine and Rehabilitation, 2<sup>nd</sup> ed.* By W.R. Frontera
- c. [www.bcm.edu/pmr/?PMID=5688](http://www.bcm.edu/pmr/?PMID=5688)
- d. [www.iasp-pain.org](http://www.iasp-pain.org)
- e. Functional Independence Measure from Uniform Data System for Medical Rehabilitation  
[www.rehabmeasures.org/lists/rehabmeasures/disform.aspx?id=889](http://www.rehabmeasures.org/lists/rehabmeasures/disform.aspx?id=889)
- f. National Pressure Ulcer Advisory Panel Position Paper on Staging Pressure Ulcers [www.npuap.org/wp-content/uploads/2012/01/NPUAP\\_position\\_on\\_staging-final.pdf](http://www.npuap.org/wp-content/uploads/2012/01/NPUAP_position_on_staging-final.pdf)

#### VI. Course Grading/Requirements for Successful Completion of the Physical Medicine/Rehabilitation Rotation

- a. Attendance according to VCOM and preceptor requirements
- b. Preceptor Evaluation at end-of-rotation

Grading policies, academic progress, and graduation requirements may be found in the *College Catalog and Student Handbook* at: <http://www.vcom.vt.edu/catalog/>.

#### VII. Clinical Performance Objectives

The end-of-rotation evaluation for this rotation will be completed by your preceptor and is based on clinical core competencies. These core competencies reflect student performance in 6 key areas: communication, problem solving, clinical skills, medical knowledge, osteopathic medicine and professional and ethical considerations. Your end-of-rotation evaluation from your preceptor will be based directly on your performance in these 6 core competencies as described below.

- a. Communication - the student should demonstrate the following clinical communication skills:
  1. Effective listening to patient, family, peers, and healthcare team
  2. Demonstrates compassion and respect in patient communications
  3. Effective investigation of chief complaint, medical and psychosocial history specific to the rotation
  4. Considers whole patient: social, spiritual & cultural concerns
  5. Efficiently prioritizes essential from non-essential information
  6. Assures patient understands instructions, consents & medications
  7. Presents cases in an accurate, concise, well organized manner
  
- b. Problem Solving – the student should demonstrate the following problem solving skills:
  1. Identify important questions and separate data in organized fashion organizing positives & negatives
  2. Discern major from minor patient problems
  3. Formulate a differential while identifying the most common diagnoses

4. Identify indications for & apply findings from the most common radiographic and diagnostic tests
  5. Identify correct management plan considering contraindications & interactions
- c. Clinical Skills - the student should demonstrate the following problem solving skills:
1. Assesses vital signs & triage patient according to degree of illness
  2. Perform good auscultatory, palpatory & visual skills
  3. Perform a thorough physical exam pertinent to the rotation
- d. Osteopathic Manipulative Medicine - the student should demonstrate the following skills in regards to osteopathic manipulative medicine:
1. Apply osteopathic manipulative medicine successfully when appropriate
  2. Perform and document a thorough musculoskeletal exam
  3. Utilize palpatory skills to accurately discern physical changes that occur with various clinical disorders
  4. Apply osteopathic manipulative treatments successfully
- e. Medical Knowledge – the student should demonstrate the following in regards to medical knowledge:
1. Identify & correlate anatomy, pathology and pathophysiology related to most disease processes
  2. Demonstrate characteristics of a self-motivated learner including demonstrating interest and enthusiasm about patient cases and research of the literature
  3. Are thorough & knowledgeable in researching evidence based literature
  4. Actively seek feedback from preceptor on areas for improvement
  5. Correlate symptoms & signs with most common diseases
- f. Professional and Ethical Behaviors - the student should demonstrate the following professional and ethical behaviors and skills:
1. Is dutiful, arrives on time & stays until all tasks are complete
  2. Consistently follows through on patient care responsibilities
  3. Accepts & readily responds to feedback, is not resistant to advice
  4. Assures professionalism in relationships with patients, staff, & peers
  5. Displays integrity & honesty in medical ability and documentation
  6. Acknowledges errors, seeks to correct errors appropriately
  7. Is well prepared for and seeks to provide high quality patient care
  8. Identifies the importance to care for underserved populations in a non-judgmental & altruistic manner
- g. Osteopathic Manipulative Medicine Components

Students must be familiar with the OMM didactic and workshop requirements for their OMS-4 year as described in the Osteopathic Manipulative Medicine website.