



302 University Parkway, Aiken, SC 29801

Thomas Paxton, MD  
Director of  
Student Medical Education

TBD  
Site Coordinator



## Welcome to Aiken Regional Medical Centers

Aiken Regional Medical Centers, located in Aiken, South Carolina, is a 273-bed acute care facility providing quality healthcare to the residents of Aiken and surrounding communities. Aiken Regional Medical Centers has been ranked a top hospital in South Carolina by the Carolina Center for Medical Excellence for its treatment of heart attack, heart failure and pneumonia. Services provided at the hospital include emergency medical care, orthopedic surgeries, maternity and behavioral health services.

# Welcome to Aiken Regional



As we start 2020, we want to highlight some accomplishments and share some insight on what is coming in the near future. We are proud to be the only hospital in Aiken, where our goal is to provide quality healthcare and an exceptional patient experience every day.

We are excited to announce that our hospital has received an 'A' grade from The Leapfrog Group for the third time in a row. This recognition validates our commitment to patient safety and quality, and our

demonstrated outcomes in providing the safest possible environment for our patients.

To better meet the needs of our community, we have recruited a number of new physicians over the past few months. We have welcomed two new physicians to our Neuroscience Center, neurosurgeon Joshua Prickett, DO, and neurologist Jose Cardenas, MD. Additionally, Bhagyashree Shastri, MD, has joined Dr. Gerald Gordon's practice providing additional Internal Medicine and Infectious Disease care; we welcome medical oncologist Aaron Flanders, MD, with Aiken Oncology, to the community; and Ashley Blalock, NP, joined APA's Carolina Heart and Vascular Center and has been integral in launching our congestive heart failure clinic. We will continue to recruit primary care physicians to our area to better serve the changing healthcare needs of the Aiken community.

As we continue our progress with adding electrophysiology to our cardiology service line, we will also be introducing the Watchman® in 2020. This device is an option for patients with atrial fibrillation. We are thrilled to offer this device in the coming months.

We look forward to improving the overall health of our community and helping people take a more proactive role in prevention. We send our best wishes for a healthy 2020.

Sincerely,

**Jim O'Loughlin**  
*Chief Executive Officer*



# Hospital Facts & Numbers

For Aiken Regional Medical Centers

183

PHYSICIANS

1,167

HOSPITAL EMPLOYEES

40+

SPECIALTIES

## Services Offered

 Behavioral Health Services	 Business and Industry Health
 Cancer Care Institute	 Cardiovascular Institute of Carolina at Aiken Regional
 Diabetes Management	 Emergency Services
 Endoscopy Center	 Laboratory Services
 Orthopedic Services	 Palmetto Pediatric Center
 Rehabilitation	 Southside Imaging Center
 Stroke Care	 Surgical Services
 The Neuroscience Center	 The Sleep Center
 Women's Services	 Wound Healing Institute of Carolina

# Visiting Hours and Guidelines

Visitors can be very important to a patient's recovery, and all patients have equal visitation privileges, according to their own preferences. However, it is important to balance the benefits of visitation with the hospital's duty to provide the most therapeutic environment possible for recovery. Clinically appropriate limitations may be placed on patient's visitation when it would interfere with the care.

## Visiting Hours

- **General Care areas:** 9:00 a.m. – 9:00 p.m.
  - **Intensive Care Unit:** 8:00 a.m. – 2:00 p.m.; 5:00 – 6:00 p.m.; 8:00 – 9:00 p.m.
  - **Women's LifeCare Center:** 9:00 a.m. – 9:00 p.m.
  - **Quiet Hours:** 3:00 – 5:00 p.m. daily throughout the entire facility to allow healing for our patients.
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## Gift Shop

The hospital gift shop is located in the front lobby, and stocks candy, fresh flowers, greeting cards, baby items, balloons, jewelry and an assortment of other gifts. Gift wrapping is available for purchases made in the shop. The Hospital Auxiliary operates the gift shop. Proceeds fund scholarships for students who live in Aiken County and are enrolled in accredited medical education programs. Please check with the nurse before giving a patient any food or candy. Flowers are not permitted in the Intensive Care Units.

### Hours:

- Monday - Friday: 9:00 a.m. – 7:00 p.m.
  - Saturday: 11:00 a.m. – 3:00 p.m.
  - Sunday: 11:00 a.m. – 3:00 p.m.
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# Meditation Room

The meditation room is located on the 2nd floor.

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# Cafeteria

The cafeteria is located on the first floor.

## Serving Line Hours

- Lunch: Monday - Friday 11:00 a.m. – 1:30 p.m.
- Dinner: Monday - Friday 4:30 p.m. – 6:30 p.m.

## Grill Hours

- Breakfast: Monday - Friday 6:30 a.m. – 9:00 a.m.
- Lunch: Monday - Sunday 11:00 a.m. – 3:00 p.m.
- Dinner: Monday - Friday 4:00 p.m. – 7:00 p.m.

Vending machines are located in the cafeteria, Outpatient Surgery waiting area and Emergency Department waiting area.

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# Parking

Parking is available in all areas around the facility. Short-term and handicap parking spaces are available at the main entrance of the hospital. We ask that you do not park under the porticoes of the Main Lobby, Emergency Department, Registration Lobbies or the Women's LifeCare Center. These areas are for patient pickup/drop-off only. ***\*\*Students are required to park in parking lot behind Palmetto Pediatrics.***

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# Smoking

To promote better health for patients, associates and visitors, the entire campus of ARMC is tobacco free. Associates, patients and visitors may not use tobacco of any kind anywhere on campus (including all indoor and outdoor areas).

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## Rotations Available

- **3<sup>rd</sup> Year**
    - Family Medicine, Clinical Primary Care, Geriatrics, Internal Medicine I (inpatient), Internal Medicine II (outpatient), Obstetrics & Gynecology, Pediatrics, Psychiatry, and Surgery
  - **4<sup>th</sup> Year**
    - Cardiology, Cardiothoracic Surgery, Critical Care, Emergency Medicine, Family Medicine, Gynecology Surgery, Obstetrics and Gynecology, Osteopathic Manipulative Medicine, Pathology, Pediatrics, Physical Medicine and Rehabilitation, Psychiatry, Radiology, and Urology
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## Available Lectures and Seminars

ARMC offers Tumor Conference every Wednesday at noon in Classroom A & B. Medicine and Surgical Morbidity and Mortality (M&M) conferences are held ad hoc. All students are encouraged to attend.

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## Attendance Requirements for Lectures and Seminars

Attendance is mandatory for third year students and encouraged for fourth years. OMM Workshops and Case Presentations are required and students are expected to participate while on their rotations.

# Site Orientation

## Core Students

- A three day Orientation is scheduled yearly for incoming core students that occurs the third week in July prior to the first rotation beginning in August (date subject to change). The Site Coordinator will notify the core students in advance of agenda and time requirements. Core students will also receive paperwork which should be completed and returned to ARMC Site Coordinator prior to start date.

## Monthly Visiting Students

- Students will complete a one day orientation for the organization, along with online modules deemed appropriate by organization.
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# Community Information

- Visit Aiken, SC - <http://www.visitaikensc.com/>
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# Helpful Links

- Hospital Website - <https://www.aikenregional.com/>
  - ARMC Connect - <http://armcweb/>
  - Aiken Chamber - <http://www.aikenchamber.net/>
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# Hospital Contact

- Main Number: 803-640-5100
- DSME: 803-641-5600
- Site Coordinator: 803-641-5383

## Primary Care Physician

### Dr. Asif Hashmi

- ADDRESS: 60 Physician Drive Suite 200 Aiken, SC 29801
  - PHONE: 803-644-1027
  - HOURS: Monday – Thursday 8AM-4:30PM  
Friday 8AM-12PM
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## Counseling Services

### Dr. David Steiner (*Aiken Psychiatric & Psychotherapy Associates, P.A.*)

- ADDRESS: 33 Varden Drive Aiken, SC 29803
  - PHONE: 803-642-3801
  - HOURS: Monday – Tuesday 9am-6:30pm  
Wednesday 9am-6pm  
Thursday 9am-5:30pm  
Friday 9am-5pm
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## Quotes from Former Students

“Aiken Regional was an excellent environment to venture into clinical medicine. Working one on one with attending’s allowed me to learn in-depth about not just patient care but also practice management. I wasn’t a face lost in the crowd, fighting to stand out. The preceptors really cared about me and my education.” – Ashley Clune, c/o2019