



**Thomas Paxton, MD**  
Director of  
Student Medical Education



302 University Parkway, Aiken, SC 29801



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Site Coordinator



## Welcome to Aiken Regional Medical Centers

Aiken Regional Medical Centers, located in Aiken, South Carolina, is a 273-bed acute care facility providing quality healthcare to the residents of Aiken and surrounding communities. Aiken Regional Medical Centers has been ranked a top hospital in South Carolina by the Carolina Center for Medical Excellence for its treatment of heart attack, heart failure and pneumonia. Services provided at the hospital include emergency medical care, orthopedic surgeries, maternity and behavioral health services.

# Welcome to Aiken Regional



I am fortunate to be working here at such a great hospital in a wonderful community. As the only hospital in Aiken, this is also your home and where you can get quality healthcare, every day. And as we launch our new logo and brand, we want you to know that exceptional, quality care and safety remains our priority. We work hard to provide a great experience for patients, families and visitors of all ages.

In March, we began participating in The DAISY Award® program, which honors extraordinary nurses who provide outstanding clinical and compassionate care to our patients on a daily basis. One nurse is chosen each quarter from nominations by patients, families and coworkers. Our nurses consistently demonstrate excellence and make a difference in so many ways, and we are pleased to be able to recognize them.

As we continue to expand on more offerings to the community, such as Aiken Urgent Care, we are also working to recruit more specialists to accommodate our growing patient base. We plan to add more specialists in electrophysiology, cardiology, breast surgery and neurosurgery in the near future. Electrophysiology is a new service that will be available soon and will help people with heart conduction defects. Common heart conduction defects include atrial fibrillation, atrial flutter and supraventricular tachycardia.

I look forward to meeting more members of our community at upcoming events. In the meantime, we will continue to enhance our services and strive toward exceeding your healthcare needs and expectations. Please let us know if there is anything we can do for you. Aiken is your home and we're your healthcare. We are here whenever you need us.

Sincerely,

**Jim O'Loughlin**  
*Chief Executive Officer*

# Hospital Facts & Numbers

For Aiken Regional Medical Centers

183

PHYSICIANS

1,167

HOSPITAL EMPLOYEES

40+

SPECIALTIES

## Services Offered

- ❖ **Behavioral Health Services**
- ❖ **Business and Industry Health**
- ❖ **Cancer Care Institute**
- ❖ **Cardiovascular Imaging of Aiken**
- ❖ **Cardiovascular Institute**
- ❖ **Diabetes Management**
- ❖ **Emergency Services**
- ❖ **Gastroenterology**
- ❖ **Laboratory Services**
- ❖ **Neuroscience Center**
- ❖ **Orthopedic Services**
- ❖ **Pediatrics**
- ❖ **Rehabilitation**
- ❖ **The Sleep Center**
- ❖ **Southside Imaging Center**
- ❖ **Stroke Care**
- ❖ **Surgical Services**
- ❖ **Women's Services**
- ❖ **Wound Healing Institute**

# Visiting Hours and Guidelines

Visitors can be very important to a patient's recovery, and all patients have equal visitation privileges, according to their own preferences. However, it is important to balance the benefits of visitation with the hospital's duty to provide the most therapeutic environment possible for recovery. Clinically appropriate limitations may be placed on patient's visitation when it would interfere with the care.

## Visiting Hours

- **General Care areas:** 9:00 a.m. – 9:00 p.m.
- **Intensive Care Unit:** 8:00 a.m. – 2:00 p.m.; 5:00 – 6:00 p.m.; 8:00 – 9:00 p.m.
- **Women's LifeCare Center:** 9:00 a.m. – 9:00 p.m.
- **Quiet Hours:** 3:00 – 5:00 p.m. daily throughout the entire facility to allow healing for our patients.

**\*\*Hours may differ due to COVID-19**

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## Gift Shop

The hospital gift shop is located in the front lobby, and stocks candy, fresh flowers, greeting cards, baby items, balloons, jewelry and an assortment of other gifts. Gift wrapping is available for purchases made in the shop. The Hospital Auxiliary operates the gift shop. Proceeds fund scholarships for students who live in Aiken County and are enrolled in accredited medical education programs. Please check with the nurse before giving a patient any food or candy. Flowers are not permitted in the Intensive Care Units.

### Hours:

- Monday - Friday: 9:00 a.m. – 7:00 p.m.
- Saturday: 11:00 a.m. – 3:00 p.m.
- Sunday: 11:00 a.m. – 3:00 p.m.

**\*\*Hours may differ due to COVID-19**

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# Meditation Room

The meditation room is located on the 2nd floor.

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# Cafeteria

The cafeteria is located on the first floor.

## Serving Line Hours

- Lunch: Monday - Friday 11:00 a.m. – 1:30 p.m.
- Dinner: Monday - Friday 4:30 p.m. – 6:30 p.m.

## Grill Hours

- Breakfast: Monday - Friday 6:30 a.m. – 9:00 a.m.
- Lunch: Monday - Sunday 11:00 a.m. – 3:00 p.m.
- Dinner: Monday - Friday 4:00 p.m. – 7:00 p.m.

Vending machines are located in the cafeteria, Outpatient Surgery waiting area and Emergency Department waiting area.

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# Parking

Parking is available in all areas around the facility. Short-term and handicap parking spaces are available at the main entrance of the hospital. We ask that you do not park under the porticoes of the Main Lobby, Emergency Department, Registration Lobbies or the Women's LifeCare Center. These areas are for patient pickup/drop-off only. ***\*\*Students are required to park in parking lot behind Palmetto Pediatrics.***

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# Smoking

To promote better health for patients, associates and visitors, the entire campus of ARMC is tobacco free. Associates, patients and visitors may not use tobacco of any kind anywhere on campus (including all indoor and outdoor areas).

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## Rotations Available

- **3<sup>rd</sup> Year**
    - Family Medicine, Clinical Primary Care, Geriatrics, Internal Medicine I (inpatient), Internal Medicine II (outpatient), Obstetrics & Gynecology, Pediatrics, Psychiatry, and General Surgery
  
  - **4<sup>th</sup> Year**
    - Cardiology, Cardiothoracic Surgery, Critical Care, Emergency Medicine, Family Medicine, Gynecology Surgery, Internal Medicine, Obstetrics and Gynecology, Pathology, Pediatrics, Radiology, and Urology
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## Available Lectures and Seminars

ARMC offers Tumor Conference every Wednesday at noon in Classroom A & B. Didactics and Case Presentations are held throughout the month, with notifications going out to all students.

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## Attendance Requirements for Lectures and Seminars

Attendance is required for third year students and encouraged for fourth years. OMM Workshops and Case Presentations are required and students are expected to participate while on their rotations.

# Site Orientation

## Core Students

- A three day Orientation is scheduled yearly for incoming core students that occurs the third week in July prior to the first rotation beginning in August (date subject to change). The Site Coordinator will notify the core students in advance of agenda and time requirements. Core students will also receive paperwork which should be completed and returned to ARMC Site Coordinator prior to start date.

## Monthly Visiting Students

- Students will complete a one day orientation for the organization, along with online modules deemed appropriate by organization.
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# Community Information

- Visit Aiken, SC - <http://www.visitaikensc.com/>
  - ARMC community link - [Aiken Regional Medical Centers Overview - YouTube](#)
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# Helpful Links

- Hospital Website - <https://www.aikenregional.com/>
  - ARMC Connect - <http://armcweb/>
  - Aiken Chamber - <http://www.aikenchamber.net/>
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# Hospital Contact

- **Main Number:** 803-640-5100
- **DSME:** 803-641-5600
- **Site Coordinator:** 803-641-5091



## Primary Care Physician

### Dr. Asif Hashmi

- ADDRESS: 60 Physician Drive Suite 200 Aiken, SC 29801
  - PHONE: 803-644-1027
  - HOURS: Monday – Thursday 8AM-4:30PM  
Friday 8AM-12PM
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## Counseling Services

### Dr. David Steiner (*Aiken Psychiatric & Psychotherapy Associates, P.A.*)

- ADDRESS: 33 Varden Drive Aiken, SC 29803
  - PHONE: 803-642-3801
  - HOURS: Monday – Tuesday 9am-6:30pm  
Wednesday 9am-6pm  
Thursday 9am-5:30pm  
Friday 9am-5pm
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## Quotes from Former Students

“Aiken Regional was an excellent environment to venture into clinical medicine. Working one on one with attending’s allowed me to learn in-depth about not just patient care but also practice management. I wasn’t a face lost in the crowd, fighting to stand out. The preceptors really cared about me and my education.” – Ashley Clune, c/o2019