Curriculum Vitae Darren Thomas Beck, Ph.D.

Citizenship: United States of America

Contact Information

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Education

2011-2013	Postdoctoral Fellow	Malcom Randall VA Medical Center, Gainesville, FL. Geriatric Research Education and Clinical Center (GRECC) (Applied Physiology / Pharmacology)
2010	Ph.D.	University of Florida, Gainesville, FL. Department of Applied Physiology and Kinesiology (Applied Physiology)
2002	B.S.	University of Delaware, Newark, DE. Department of Kinesiology and Applied Physiology (Exercise Physiology)

Professional Experience

2022-Present	Chair of Cell Biology and Physiology: Via College of Osteopathic Medicine, Auburn, AL.
2018-Present	Associate Professor: Via College of Osteopathic Medicine, Auburn, AL. Department of Cell Biology and Physiology
2015-2018	Assistant Professor: Via College of Osteopathic Medicine, Auburn, AL. Department of Cell Biology and Physiology
2015-Present	Graduate Faculty: Graduate School / School of Kinesiology, Auburn University, Auburn, AL.
2015-Present	<u>Associate Director</u> : Molecular and Applied Sciences Laboratory, School of Kinesiology, Auburn University, Auburn, AL.
2015-Present	Research Scientist: Cardiovascular and Integrative Physiology Laboratory, School of Kinesiology, Via College of Osteopathic Medicine, Auburn, AL.
2018-Present	Research Scientist: Molecular and Applied Physiology Laboratory, Pharmacy Research Building, Auburn University, Auburn, AL.
2013-2015	Assistant Professor: Department of Kinesiology, University of Rhode Island, Kingston, RI.
2013-2015	<u>Director</u> : Cardiovascular Diagnostic Learning Collaborative, Department of Kinesiology, University of Rhode Island, Kingston, RI.
2013-2015	Graduate Faculty: University of Rhode Island, Kingston, RI.

2011-2013	<u>Postdoctoral Fellow</u> : Malcom Randall VA Medical Center, Geriatric Research Education and Clinical Center (GRECC), Gainesville, FL.
2011-2013	Research Assistant Professor: University of Florida, Department of Orthopaedics and Rehabilitation, Orthopaedics and Sports Medicine Institute (OSMI), Gainesville, FL.
2012	<u>Postdoctoral Instructor</u> : University of Florida, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, Gainesville, FL.
2005-2010	<u>Predoctoral Fellow</u> : University of Florida, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, Gainesville, FL.
2006-2007	<u>Adjunct Faculty</u> : University of Florida, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, Gainesville, FL.

Clinical Experience

2001	Exercise Physiologist: Cardiac Rehabilitation, Preventive Medicine and Rehabilitation Institute (PMRI) Christiana Care Health System, Wilmington, DE.
2000-2001	<u>Cardiac Stress Technician</u> : Cardiac Diagnostic Center, Cardiology Consultants P.A., Wilmington, DE.
2000	<u>Exercise Physiologist</u> : Pulmonary Functions Laboratory and Pulmonary Rehabilitation Christiana Care Health System, Christiana Hospital, Newark, DE.
1999-2000	Exercise Physiologist: CardioKinetics Inc., Preventative Medicine and Cardiac Rehabilitation, Newark, DE.

Honors & Awards

2020	Researcher of the Year - Via College of Osteopathic Medicine, Auburn, AL.
2013	Faculty Research Excellence Award - University of Rhode Island, Kingston, RI.
2010-2013	Associated Health Postdoctoral Fellowship - Office of Academic Affiliations Veterans Affairs Central Office, Washington, D.C.
2009-2010	NIH Predoctoral Training Grant Fellowship - Multidisciplinary Training Program in Hypertension, University of Florida Hypertension Center (T32 HL083810-03)
2005-2009	Predoctoral Fellowship - University of Florida Alumni Fellowship for Doctoral Studies, University of Florida, Gainesville, FL.
1999-2002	Academic Scholarship for Undergraduate Studies, University of Delaware, Newark, DE.

Publications

Refereed Research Publications:

1. McAdam JS, Lyons KD, **Beck DT**, Haun CT, Romero MA, Mumford PW, Roberson PA, Young KC, Lohse KR, Roberts MD, Sefton JM. Whey protein supplementation effects on body composition, performance, and blood biomarkers during Army Initial Entry Training. *Frontiers in Nutrition*. 2022. PMID: *in press*

Citations: 2000⁺; h Index: 24; i10 Index: 45

- 2. Vann CG, Sexton CL, Osburn SC, Smith MA, Haun CT, Rumbley MN, Mumford PW, Ferguson BK, Montgomery NT, Moore JH, Fox CD, Ruple BA, McKendry J, Mcleod J, Bashir A, Beyers RJ, Brook MS, Smith K, Atherton PJ, **Beck DT**, McDonald JR, Gladden BL, Kaelin C. Young KC, Phillips SM, Roberts MD. Effects of High-Volume versus High-Load Resistance Training on Skeletal Muscle Growth and Molecular Adaptations. *Frontiers in Physiology*. 2022. PMID: *in press*
- 3. Yarrow JF, Wnek RD, Conover CF, Reynolds MC, Buckley KH, Kura JR, Sutor T, Otzel DM, Mattingly AJ, Aguirre JI, **Beck DT**, McCullough DJ. Bone loss after severe spinal cord injury coincides with reduced bone formation and precedes bone blood flow deficits. *Journal of Applied Physiology*. 2021. PMID: 34473574
- 4. Robinson JL, Yanes JA, Reid MA, Murphy JE, Busler JN, Mumford PW, Young KC, Pietrzkowski ZB, Hunter JH, Beck DT. Neurophysiological effects of whole coffee cherry extract in older adults with subjective cognitive impairment: A randomized, double-blind, placebo-controlled, cross-over pilot study. *Antioxidants*. 2021. PMID: 33498314
- Sefton JM, Lyons KD, Beck DT, Haun CT, Romero MA, Mumford PW, Roberson PA, Young KC, Roberts MD, McAdam JS. Markers of bone health and impact of whey protein supplementation in Army initial entry training soldiers: a double-blind placebo-controlled study. *Nutrients*. 12(8) 2225. 2020. PMID: 32722609
- Vann CG, Osburn SC, Mumford PW, Roberson PA, CD, Sexton CL, Johnson MR, Johnson JS, Shake J, Moore JH, Millevoi K, Beck DT, Badisa VLD, Mwashote BM, Ibeanusi V, Roberts MD. Skeletal muscle protein composition adaptations to 10 weeks of high-load resistance training in previously-trained males. Frontiers in Physiology. 11, 259. 2020. PMID: 32292355
- 7. Fox CD, Garner CT, Mumford PW, **Beck DT**, Roberts MD. Higher doses of a green tea-based supplement increase post-exercise blood flow following an acute resistance exercise bout in recreationally resistance-trained college-aged men. *Journal of the International Society of Sports Nutrition*. 17, 1-9. 2020. PMID: 32460790
- 8. Roberts MD, Young KC, Fox CD, Vann CG, Roberson PA, Osburn SC, Moore JH, Mumford PW, Romero MA, **Beck DT**, Haun CT, Badisa VLD, Mwashote BM, Ibeanusi V, Kavazis AN. An optimized procedure for isolation of rodent and human skeletal muscle sarcoplasmic and myofibrillar proteins. *Journal of Biological Methods*. 7(1), 2020. PMID: 32201709
- 9. Vann CG, Roberson PA, Osburn SC, Mumford PW, Romero MA, Fox CD, Moore JH, Haun CT, **Beck DT**, Moon JR, Kavazis AN, Young KC, Badisa VLD, Mwashote BM, Ibeanusi VM, Singh R, Roberts MD. Skeletal muscle myofibrillar protein abundance is higher in resistance-trained men, and aging in the absence of training may have an opposite effect. *Sports*. 8(1), 7, 2020. PubMed PMID: 31936810
- McAdam JS, McGinnis KD, Beck DT, Haun CT, Romero MA, Mumford PW, Roberson PA, Young KC, Lohse K, Lockwood CM, Roberts MD, Sefton JM. Effect of whey protein supplementation on physical performance and body composition in Army initial entry training soldiers. *Nutrients*. 10(9), 1248, 2018. PMID: 30200582
- 11. Mumford PW, Kephart WC, Romero MA, Haun CT, Mobley CB, Osburn SC, Anderson RG, Patel RK, Healy JC, Moore A, Pascoe DC, Ruffin WC, Beck DT, Martin JS, Roberts MD, Young KC. Effects of 1-week betalain-rich beetroot concentrate supplementation on cycling performance and select physiological parameters. *European Journal of Applied Physiology*. 118(11):2465-2476, 2018. PMID: 30155761

- 12. Haun CT, Mobley CB, Vann CG, Romero MA, Roberson PA, Mumford PW, Kephart WC, Healy JC, Romil KP, Osburn SC, Beck DT, Arnold RD, Nie BZ, Lockwood CM, Roberts MD. Soy protein supplementation is not adipogenic or estrogenic in college-aged men when combined with resistance training. *Scientific Reports*. 8(1) 11151, 2018. PMID: 30042516
- 13. Mumford PW, Romero MA, Mao X, Mobley CB, Kephart WC, Haun CT, Roberson PA, Young KC, Martin JS, Beck DT, Roberts MD. Cross-talk between androgen and Wnt signaling potentially contributes to age-related skeletal muscle atrophy in rats. *Journal of Applied Physiology*. 125(2):486-494, 2018. PMID: 29722624
- 14. Mobley CB, Haun CT, Roberson PA, Mumford PW, Kephart WC, Romero MA, Osburn SC, Vann CG, Young KC, **Beck DT**, Martin JS, Lockwood CM, Roberts MD. Biomarkers associated with low, moderate, and high vastus lateralis muscle hypertrophy following 12 weeks of resistance training. *Public Library of Science (PlosOne)*. 13(4) e0195203, 2018. PubMed PMID: 29621305
- 15. Phillips EG, Beggs LA, Ye F, Conover CF, **Beck DT**, Otzel DT, Ghosh P, Bassit AF, Borst SE, Yarrow JF. Effects of pharmacologic sclerostin inhibition or testosterone administration on soleus muscle atrophy in rodents after spinal cord injury. *Public Library of Science (PlosOne)*. 13(3), e0194440, 2018. PMID: 29579075
- 16. Romero MA, Mobley CB, Roberson PA, Haun CT, Kephart WC, Mumford PW, Healy JC, Beck DT, Young KC, Martin JS, Lockwood C, Roberts MD. Acute and chronic resistance training downregulates select LINE-1 retrotransposon activity markers in human skeletal muscle. *American Journal of Physiology Cell Physiology*. 314(3):C379-C388, 2018. PMID: 29351416
- 17. Kephart WC, Mumford PW, Mao X, Romero MA, Hyatt HH, Zhang Y, Mobley CB, Quindry JC, Young KC, **Beck DT**, Martin JS, McCullough JD, D'Agostino D, Lowery RP, Wilson JM, Kavazis AN, Michael D. Roberts. The 1-week and 8-month effects of a ketogenic diet or ketone salt supplementation on multi-organ markers of oxidative stress and mitochondrial function in rats. *Nutrients*. 9(9):1019, 2017. PMID: 28914762
- 18. Mobley CB, Mumford PW, Kephart WC, Haun CT, Holland AM, **Beck DT**, Martin JS, Young KC, Anderson RG, Patel RK, Langston GL, Lowery RP, Wilson JM, Roberts MD. Aging in rats differentially affects markers of transcriptional and translational capacity in soleus and plantaris muscle. *Frontiers in Physiology*. 8:518, 2017. PMID: 28775694
- 19. Kendall KL, Hyde PN, Fairman CM, Hollaway KM, Mumford PW, Tribby AC, Falcone PH, Kimber D, Moon J, Beck DT, Roberts MD, Young KC. A randomized, double-blind, placebo-controlled trial to determine the effectiveness and safety of a thermogenic supplement in addition to an energy-restricted diet in apparently healthy females. *Journal of Dietary Supplements*. 14 (6), 653-666, 2017. PMID: 28388294
- 20. Mobley CB, Mumford PW, McCarthy JJ, Miller ME, Young KC, Martin JS, **Beck DT**, Lockwood CM, Roberts MD. Whey protein-derived exosomes increase protein synthesis in C2C12 myotubes. *Journal of Dairy Science*. 100(1), 48-64, 2017. PMID: 28341051
- 21. Dalbo VJ, Roberts MD, Mobley CB, Ballmann C, Kephart WC, Fox CD, Santucci VA, Conover CF, Beggs LA, Balaez A, Hoerr FJ, Yarrow JF, Borst SE, **Beck DT**. Testosterone and trenbolone enanthate increase mature myostatin protein expression despite increasing skeletal muscle hypertrophy and satellite cells number in rodent model. *Andrologia*. 49(3):e12622, 2017. PMID: 27246614
- 22. Delmonico MJ, **Beck DT**. The current understanding of sarcopenia: emerging tools and interventional possibilities. *American Journal of Lifestyle Medicine*. 11(2): 167-181, 2017. PMID: 30202329

- 23. Holland AM, Roberts MD, Mumford PW, Mobley CB, Kephart WC, Conover CF, Beggs LA, Balaez A, Otzel DM, Yarrow JF, Borst SE, **Beck DT**. Testosterone inhibits expression of lipogenic genes in visceral fat by an estrogen-dependent mechanism. *Journal of Applied Physiology*. 121(3):792-805, 2016. PMID: 27539493
- 24. Mobley CB, Kephart WC, Fox CD, Conover CF, Beggs LA, Otzel DM, Balaez A, Yarrow JF, Borst SE, **Beck DT**, Roberts MD. Effects of testosterone on markers of skeletal muscle ribosome biogenesis. *Andrologia*. 48(9):967-977, 2016. PMID: 26781353
- 25. Martin JS, Borges AR, **Beck DT**. Peripheral conduit and resistance artery function are improved following a single, 1-hour bout of peristaltic pneumatic compression. *European Journal of Applied Physiology*. 115: 2019-2029, 2015. PMID: 25981709
- 26. Beck DT, Casey DP, Martin JS, Sardina PD, Braith RB. Enhanced external counterpulsation reduces indices of central blood pressures and myocardial oxygen demand in patients with left ventricular dysfunction. Clinical and Experimental Pharmacology and Physiology. 42: 315-320, 2015. PMID: 25676084
- 27. Martin JS, Borges AR, Christy JB, **Beck DT**. Considerations for Sphygmocor radial artery pulse wave analysis measurement: Side selection and peripheral arterial blood pressure calibration. *Hypertension Research*. 38: 675-683, 2015. PMID: 25787040
- 28. Beggs LA, Ye F, Ghosh P, **Beck DT**, Conover CF, Balaez A, Miller JR, Philips EG, Zheng N, Williams AA, Aguirre JI, Wronski TJ, Bose PK, Borst SE, Yarrow JF. Sclerostin inhibition prevents spinal cord injury induced bone loss. *Journal of Bone and Mineral Research*. 30(4): 681-689, 2015. PMID: 25359699
- 29. **Beck DT**, Martin JS, Casey DP, Sardina PD, Avery JC, Braith RW. Enhanced external counterpulsation improves endothelial function and exercise capacity in patients with left ventricular dysfunction. *Clinical and Experimental Pharmacology and Physiology*. 41: 628-636, 2014. PMID: 24862172
- 30. **Beck DT**, Yarrow JF, Beggs LA, Otzel DM, Ye F, Conover CF, Miller JR, Balaez A, Combs SM, Leeper AM, Williams AA, Lachacz SA, Zheng N, Wronski YJ, Borst SE. Influence of aromatase inhibition on the bone protective effects of testosterone. *Journal of Bone and Mineral Research*. 29(11): 2405-2413, 2014. PMID: 24764121
- 31. Beggs LA, Yarrow JF, Conover CF, Meuleman JR, **Beck DT**, Morrow M, Zou B, Shuster JJ, Borst SE. Testosterone alters iron metabolism and stimulates red cell production independently of dihydrotestosterone. *American Journal of Physiology: Endocrinology and Metabolism*. 307(5): E456-461, 2014. PMID: 25074984
- 32. Ye F, McCoy SC, Ross HH, Bernardo JA, Beharry AW, Senf SM, Judge AR, **Beck DT**, Conover CF, Cannady DF, Smith BK, Yarrow JF, Borst SE. Transcriptional regulation of myotrophic actions by testosterone and trenbolone on androgen-responsive muscle. *Steroids*. 87: 59-66, 2014. PMID: 24928725
- 33. **Beck DT**, Martin JS, Gurovich AN, Nichols WW, Braith RW. Validity of a novel wristband tonometer for measuring central hemodynamics and augmentation index. *American Journal of Hypertension*. 27(7): 926-931, 2014. PMID: 24561655
- 34. Martin JS, **Beck DT**, Braith RW. Peripheral resistance artery blood flow in subjects with abnormal glucose tolerance is improved following enhanced external counterpulsation therapy. *Applied Physiology Nutrition and Metabolism*. 39(5): 596-599, 2014. PMID: 24766247

- 35. Borst SE, Yarrow JF, Conover CF, Nseyo U, Meuleman JR, Lipinska J, Braith RW, **Beck DT**, Martin JS, Morrow M, Roessner S, Beggs LA, McCoy SC, Canady DF, Shuster JJ. Musculoskeletal and prostate effects of combined testosterone and finasteride administration in older hypogonadal men: A randomized, controlled trial. *American Journal of Physiology: Endocrinology and Metabolism*. 306(4): E433-442, 2014. PMID: 24326421
- 36. Yarrow JF, Conover CF, Beggs LA, **Beck DT**, Otzel DM, Baelez A, Combs SM, Miller JR, Aguirre IJ, Neuville KG, Wronski TJ, Bose PK, Borst SE. Testosterone dose-dependently prevents bone and muscle loss in rodents following spinal cord injury. *Journal of Neurotrauma*. 31(9): 834-845, 2014. PMID: 24378197
- 37. **Beck DT**, Martin JS, Casey DP, Braith RW. Exercise training improves endothelial function in resistance arteries of young prehypertensives. *Journal of Human Hypertension*. 28(5): 303-309, 2014. PMID: 24172292
- 38. Avery JC, **Beck DT**, Casey DP, Sardina PD, Braith RW. Enhanced external counterpulsation improves resistance artery blood flow in patients with coronary artery disease. *Applied Physiology Nutrition and Metabolism*. 39(3): 405-408, 2014. PMID: 24552391
- 39. Yarrow JF¹, **Beck DT**¹, Conover CF, Beggs LA, Goldberger BA, Borst SE. Invalidation of a commercially available human 5α-dihydrotestosterone immunoassay. *Steroids*. 78(12-13):1220-1225, 2013. PMID: 24012740
- 40. **Beck DT**, Martin JS, Casey DP, Braith RW. Exercise training reduces peripheral arterial stiffness and myocardial oxygen demand in young prehypertensives. *American Journal of Hypertension*. 26(9): 1093-1102, 2013. PMID: 23736111
- 41. **Beck DT**, Casey DP, Martin JS, Emerson BD, Braith RW. Exercise training improves endothelial function in young prehypertensives. *Experimental Biology and Medicine*. 238(4):433-441, 2013. PMID: 23760009
- 42. Yarrow JF, Beggs LA, Conover CF, McCoy SC, **Beck DT**, Borst SE. Influence of androgens on circulating adiponectin in male and female rodents. *Public Library of Science (PlosOne)*. 7(10): e47315, 2012. PMID: 23071783
- 43. Braith RW, Casey DP, **Beck DT**. Enhanced external counterpulsation for ischemic heart disease: A look behind the curtain. *Exercise and Sports Science Reviews*. July; 40(3):145-152, 2012. PMID: 22407185
- 44. Martin JS, **Beck DT**, Aranda JM, Braith RW. Enhanced external counterpulsation (EECP) improves peripheral artery function and glucose tolerance in patients with abnormal glucose tolerance. *Journal of Applied Physiology*. 112(5):868-876, 2012. PMID: 22194326
- 45. Martin JS, Casey DP, Gurovich AN, **Beck DT**, Braith RW. Association of age with timing and amplitude of reflected pressure waves during exercise in men. *American Journal of Hypertension*. 24:4; 415-420, 2011. PMID: 21233799
- 46. Casey DP, Nichols WW, Conti CR, Choi CY, Khuddus MA, **Beck DT**, Braith RW. Effects of enhanced external counterpulsation on arterial stiffness and myocardial oxygen demand in patients with refractory angina pectoris. *American Journal of Cardiology*. 107:1466-1472, 2011. PMID: 21420062
- 47. Braith RW, Conti CR, Nichols WW, Choi CY, Khuddus MA, **Beck DT**, Casey DP. Enhanced external counterpulsation improves peripheral artery flow mediated dilation in patients with chronic angina: A randomized sham-controlled study. *Circulation*. 122:1612-1620, 2010. PMID: 20921442

- 48. Martin JS, **Beck DT**, Gurovich AN, Braith RW. The acute effects of smokeless tobacco on central aortic blood pressure and wave reflection characteristics. *Experimental Biology and Medicine*. 235(10): 1263-1268, 2010. PMID: 20719817
- 49. Adkisson EJ, Casey DP, **Beck DT**, Gurovich AN, Martin JS, Braith RW. Central, peripheral and resistance arterial reactivity: fluctuates during the phases of the menstrual cycle. *Experimental Biology and Medicine*. 235(1): 111-118, 2010. PMID: 20404025
- 50. Gurovich AN, **Beck DT**, Braith RW. Aortic pulse wave analysis is not a surrogate for central arterial pulse wave velocity. *Experimental Biology and Medicine*. 234(11):1339-44, 2009. PMID: 19657066
- 51. Braith RW, **Beck DT**. Resistance exercise: training and adaptation and developing a safe exercise prescription. *Heart Failure Review*. 13:69-79, 2008. PMID: 17932746
- 52. Casey DP, **Beck DT**, Braith RW. Progressive resistance training without volume increases does not alter arterial stiffness and aortic wave reflection. *Experimental Biology and Medicine*. 232(9): 1228-35, 2007. PMID: 17895531
- 53. Casey DP, **Beck DT**, Braith RW. Systemic plasma levels of nitrite/nitrate (NOx) reflect brachial flow-mediated dilation in young men and women. *Clinical and Experimental Pharmacology and Physiology*. 34(12):1291-3, 2007. PMID: 17973870

Invited Reviews:

- 1. Delmonico MJ, **Beck DT**. The current understanding of sarcopenia: emerging tools and interventional possibilities. *American Journal of Lifestyle Medicine*. 11(2): 167-181, 2017.
- 2. Braith RW, Casey DP, **Beck DT**. Enhanced external counterpulsation for ischemic heart disease: A look behind the curtain. *Exercise and Sports Science Reviews*. 40(3):145-152, 2012.
- 3. Braith RW, **Beck DT**. Resistance exercise: training and adaptation and developing a safe exercise prescription. *Heart Failure Review*. 13:69-79, 2007.

Book Chapters:

- 1. **Beck DT.** Common Medications. *ACSM's Guidelines for Exercise Testing and Prescription (10th Edition)*. American College of Sports Medicine. Riebe D, Ehrman J, Magal M, Liguori G (Eds.). Wolters Kluwer Health:Lippincott Williams & Wilkins. ISBN/ISSN: 9781496339065, 2017.
- 2. **Beck DT.** Electrocardiogram Interpretation. *ACSM's Guidelines for Exercise Testing and Prescription* (10th Edition). American College of Sports Medicine. Riebe D, Ehrman J, Magal M, Liguori G (Eds.). Wolters Kluwer Health:Lippincott Williams & Wilkins. ISBN/ISSN: 9781496339065, 2017.

Manuscripts (in revision, review, or preparation):

- 1. Y Cai, **DT Beck**, D McCullough, P Chen, and F Li, Developing CuFe2O4-DDC nanoparticle for cancer treatment. *in review*
- 2. **Beck DT**, Vincent-Horta LM, Sanders DJ, McCullough DJ. Acute effects of external pneumatic compression on the aortic pressure waveform and central hemodynamics. *in review*

Scientific Abstracts:

 Vann CG, Sexton CL, Osburn SC, Smith MA, Fox CD, Ferguson BK, Ruple BA, Haun CT, Young KC, Beck DT, Phillips SM, Roberts MD. Effects of high-load versus high-volume resistance training on muscle sarcoplasmic, actin, and myosin protein concentrations. VCOM Research Recognition Day, 2021.

- 2. Smith MA, Vann CG, Sexton CL, Osburn SC, **Beck DT**, McDonald JR, Roberts MD, Young KC. High-Volume and High-Intensity Resistance Training Effects on Upper-Leg Lean Tissue Mass and Muscle Cross-Sectional Area. VCOM Research Recognition Day, 2021.
- 3. Fox CD, Parry HA, Vann CG, Ruple BA, Osburn SC, Sexton CL, Moore JH, Smith MA, Ferguson BK, Mesquita PHC, **Beck DT**, Young KC, Kavazis AN, Phillips SM, Roberts MD. Skeletal muscle metabolic biomarker adaptations to high load versus high volume unilateral resistance training. VCOM Research Recognition Day, 2021.
- 4. **Beck DT**, Denney TS, Bashir A. Measurement of ATP turnover in the in vivo Heart at 7T. VCOM Research Recognition Day, 2021.
- Jennifer L. Robinson JL, Julio A. Yanes JA, Meredith A. Reid MA, Jerry E. Murphy JE, Jessica N. Busler JN, Petey W. Mumford PW, Kaelin C. Young KC, Zbigniew J. Pietrzkowski ZJ, Boris Nemzer B, **Beck DT**. Neurophysiological effects of whole coffee cherry extract in older adults with subjective cognitive impairment: A randomized, double-blind, placebo-controlled, cross-over pilot study. VCOM Research Recognition Day, 2021.
- Vann CG, Sexton CL, Osburn SC, Smith MA, Fox CD, Ferguson BK, Ruple BA, Haun CT, Young KC, Beck DT, McDonald JR, Phillips SM, Roberts MD. Effects of high-load versus high-volume resistance training on muscle sarcoplasmic, actin, and myosin protein concentrations. *Med. Sci. Sports Exer.* 52(7), 828-829 2020.
- 7. Smith MA, Vann CG, Sexton CL, Osburn SC, **Beck DT**, McDonald JR, Roberts MD, Young KC. High-volume and high-intensity resistance training effects on upper-leg lean tissue mass and muscle cross-sectional area. *Med. Sci. Sports Exer.* 52(7), 19, 2020.
- 8. Sexton CL, Vann CG, Osburn SC, Smith MA, Rumbley MN, **Beck DT**, Young KC, Roberts MD. Effects of high-load and high-volume resistance training on maximal strength, peak torque, and mean torque, *Med. Sci. Sports Exer.* 52(7), 213-214, 2020.
- 9. Wang C, **Beck DT**, Li F McCullough JD, Chen P. Subtyping tumor cell-derived extracellular vesicles using Au@Ag core-shell nano-bipyramids biosensor for cancer diagnosis and treatment. VCOM Research Recognition Day, 2020.
- 10. Rice R, Clark C, Dunn K, Brisson P, **Beck DT**. Evaluation of medical student contributions to research investigations. VCOM Research Recognition Day, 2020.
- 11. Reynolds MC, Conover CF, Otzel DM, Wnek RD, Buckley KH, Flores M, Phillips EG, **Beck DT**, McCullough DJ, Yarrow JF. Does reduced blood flow affect the rate of muscle loss in rats post spinal cord injury? *Med. Sci. Sports Exer.* 51(6), 2019.
- 12. McAdam J, McGinnis K, **Beck DT**, Fruge A, Roberts MD, Sefton J. Effects of Nutritional Supplementation on Body Composition and Bio-markers during Army Initial Entry Training. *Med. Sci. Sports Exer.* 51(6), 93, 2019.
- 13. McAdam J, McGinnis K, **Beck DT**, Fruge A, Roberts MD, Sefton J. Evaluation of Dietary Intake and Training Volume During Army Initial Entry Training. *Med. Sci. Sports Exer.* 51(S), 2019.
- 14. Vann CG, Roberson PA, Osburn SC, Mumford PW, Romero MA, Fox CD, Moore JH, Haun CT, Kavazis AN, Badisa V, Mwashote BM, Ibeanusi VM, **Beck DT**, Moon JR, Young KC, Roberts MD. Skeletal muscle sarcoplasmic and myofibrillar proteomic comparisons between younger resistance-

- trained versus untrained younger and older humans. International Society of Sports Nutrition (ISSN) Annual Conference, Las Vegas NV. 2019
- 15. Robinson JL, Yanes JA, Reid MA, Murphy JE, Busler JN, Mumford PW, Young KC, Pietrzkowski ZJ, Hunter JM, **Beck DT**. Neurophysiological effects of polyphenol-rich whole coffee cherry extract in older adults. Organization for Human Brain Mapping (OHBM) Annual Conference. Rome, Italy. 2019.
- 16. Haun CT, Mobley CB, Vann CG, Romero MA, Roberson PA, Mumford PW, Kephart WC, Healy JC, Patel RK, Osburn SC, Beck DT, Roberts MD. Soy Protein Supplementation is not Adipogenic or Estrogenic in Young Men When Combined with Resistance Training. Southeast American College of Sports Medicine Annual Conference. Chattanooga, TN. February 2018.
- 17. Ruffin W, Mumford P, Healey J, **Beck D**, Martin J, Roberts M, Young K. The effects of betalain-rich red beet concentrate supplementation on the acute inflammatory response induced by a bout of intense exercise. Alabama Osteopathic Medical Association (ALOMA) 27th Annual Conference, 2017.
- 18. McAdam J, McGinnis K, Munz B, Ory R, Nendze J, Gordon S, Devine J, Brown A, Bell K, Roberts MD, Haun C, Romero M, Mumford P, Roberson P, **Beck DT**, Lockwood C, Lohse K, Young KC, Sefton J. Evaluation of the effects of whey protein hydrolysate supplementation on performance, body composition, and health during Armor One Station Unit Training. VCOM Research Recognition Day, 2017.
- 19. McAdam J, McGinnis K, Munz B, Ory R, Nendze J, Gordon S, Devine J, Ourada J, Roberts MD, Haun C, Romero M, Mumford P, **Beck DT**, Neidert L, Lockwood C, Lohse K, Young KC, Sefton J. Impact of whey protein supplementation on fitness performance, body composition and injury rates in Army Initial Entry Soldiers. VCOM Research Recognition Day, 2017.
- 20. Mumford PW, Romero MA, Xuansong Mao, Mobley CB, Kephart WC, Haun CT, Roberson PA, Young KC, Martin JS, **Beck DT**, Roberts MD. Cross-talk between androgen and Wnt signaling potentially contributes to age-related skeletal muscle atrophy in rats. UAB Center for Exercise Medicine Fifth Annual Symposium. Birmingham, AL. Sep., 2017.
- 21. Mobley CB, Haun CT, Roberson PA, Mumford PW, Kephart WC, Romero MA, Osburn SC, Vann CG, Pledge C, Young KC, **Beck DT**, Lockwood CM, Roberts MD. Biomarkers associated with type II muscle fiber hypertrophy in response to resistance training in young, untrained males. UAB Center for Exercise Medicine Fifth Annual Symposium. Birmingham, AL. Sep., 2017.
- 22. Romero MA, Mobley CB, Roberson PA, Haun CT, Kephart WC, Mumford PW, Healy JC, **Beck DT**, Young KC, Martin JS, Lockwood CM, Roberts MD. Resistance exercise-mediated reductions in LINE-1 retrotransposon activity may drive increases in satellite cell activity in human skeletal muscle. UAB Center for Exercise Medicine Fifth Annual Symposium. Birmingham, AL. Sep., 2017.
- 23. Mumford PW, Mobley CB, Kephart WC, Romero MA, Haun CT, Mao X, Osburn SC, Young KC, **Beck DT**, Martin JS, Lowery RP, Wilson JM, Roberts MD. The relationship between serum testosterone and skeletal muscle Wnt signaling markers in 3-24-month old rats. *Med. Sci. Sports Exer.*, 49(S), 2017.
- 24. Mumford PW, Holland AM, Kephart WC, Lowery RP, Mobley CB, Patel RK, Newton A, **Beck DT**, Roberts MD, Wilson JM, Young KC. Effects of a ketogenic diet with exercise on serum markers of bone metabolism, IGF-1 and femoral bone mass in rats. *J International Society of Sports Nutrition*, 2016.

- 25. Haun CT, Mumford PW, Hyde PN, Fairman CM, Kephart WC, **Beck DT**, Moon JR, Roberts MD, Kendall KL, Young KC. Effects of a popular women's thermogenic supplement during an energy-restricted high protein diet on changes in body composition and clinical safety markers. *J International Society of Sports Nutrition*, 2016.
- 26. Lee DC, Harrison T, Ball M, Richardson H, **Beck DT**, Anz A, Goodlett M. Range of motion in the interphalangeal joints of collegiate football players. 31st *Clinical Conference of the American Osteopathic Association of Sports Medicine (AOASM)*, Tempe, AZ. 2016.
- 27. **Beck DT**, Dalbo VJ, Mobley CB, Ballmann C, Kephart WC, Fox CD, Santucci VA, Conover CF, Beggs LA, Balaez A, Hoerr FJ, Yarrow JF, Borst SE, Roberts MD. Myostatin Protein and Muscle Fiber Cross-Sectional Area are Associated with Increased Muscle Satellite Cell Number in 10 Month Old Fisher 344 Rats Treated with Testosterone and Trenbolone Enanthate. *FASEB J.* 30:1014.7, 2016.
- 28. Mobley CB, Haun CT, Mumford PW, Kephart WC, Holland AM, Osburn SC, **Beck DT**, Martin JM, Young KC, Kavazis AN, Lowery R, Wilson JM, Roberts MD. Effects of aging on markers of ribosome biogenesis in fast- and slow-twitch skeletal muscle in rodents aged 3 to 24 months. *FASEB J*. 30: LB626, 2016.
- 29. Haun CT, Mumford PW, Mobley CB, Kephart WC, Holland AM, Osburn SC, **Beck DT**, Martin JM, Young KC, Kavazis AN, Lowery R, Wilson JM, Roberts MD. Markers of muscle protein synthesis and breakdown in slow-twitch skeletal muscle of rodents aged 3 to 24 months. *FASEB J.* 30:LB174, 2016.
- 30. Mumford PW, Mobley CB, Kephart WC, Haun CT, Holland AM, Osburn SC, **Beck DT**, Martin JM, Young KC, Kavazis AN, Lowery R, Wilson JM, Roberts MD. Markers of muscle protein synthesis and breakdown in fast-twitch skeletal muscle of rodents aged 3 to 24 months. *FASEB J.* 30:LB627, 2016.
- 31. Dalbo VJ, Roberts MD, Mobley CB, Ballmann C, Kephart WC, Fox CD, Santucci VA, Conover CF, Beggs LA, Balaez A, Hoerr FJ, Yarrow JF, Borst SE, **Beck DT**. Testosterone and trenbolone enanthate increase muscle hypertrophy and satellite cell number despite increasing myostatin protein expression in adult rodent muscle. *J Sci. Med. Sport.* 2016.
- 32. Kephart WC, Holland AM, Lowery RP, Mumford PW, Mobley CB, McCloskey AE, Shake JJ, Mesquita P, Young KC, Martin JS, **Beck DT**, McCullough DJ, Kavazis AN, Roberts MD, Wilson JM. Six weeks of a low carbohydrate diet with or without exercise favorably alters hepatic NF-κB signaling and serum markers related to overall health in rats. *UAB Center for Exercise Medicine-Annual Symposium*, Birmingham, AL. 2015
- 33. **Beck DT**, Casey DP, Martin JS, Sardina PD, Braith RB. Enhanced external counterpulsation reduces indices of left ventricular wasted energy and myocardial oxygen demand in patients with left ventricular function and refractory angina. *FASEB J.* 29:952.11, 2015.
- 34. Vincent-Horta LM, Sanders DJ, Martin JS, **Beck DT**. Acute effects of external pneumatic compression on peripheral and central hemodynamics. *FASEB J*, 29:LB677, 2015.
- 35. Martin JS, Borges AR, Christy JB, **Beck DT**. Considerations for pulse wave analysis measurement: Side selection and peripheral arterial blood pressure calibration. *FASEB J.* 29:632.5, 2015.
- 36. Brooks CM, Kephart WC, Fox CD, Santucci VA, **Beck DT**, Yarrow JF, McCarthy JJ, Borst SE, Roberts MD. Differential effects of testosterone and trenbolone on skeletal muscle markers of ribosome biogenesis. *FASEB J.* 29:825.21, 2015.
- 37. **Beck DT**, Yarrow JF, Beggs LA, Otzel DM, Ye F, Conover CF, Miller JR, Balaez A, Combs SM, Borst SE. Influence of aromatase inhibitors on the bone protective effects of testosterone. *Med. Sci. Sports Exer.* 46(5S):440-441, 2014.

- 38. Beggs LA, Ye F, **Beck DT**, Otzel DM, Conover CF, Balaez A, Miller JR, Yarrow JF, Borst SE. Testosterone prevents bone loss in skeletally-mature male rats subsequent to spinal cord injury. *Med. Sci. Sports Exer.* 46(5S):441, 2014.
- 39. Martin JS, **Beck DT**, Braith RW, FACSM. Resistance arterial function following enhanced external counterpulsation therapy in persons with abnormal glucose tolerance. *Med. Sci. Sports Exer.* 46(5S):659, 2014.
- 40. Otzel DM, Conover CF, Beggs LA, **Beck DT**, Balaez A, Combs SM, Miller JR, Ye F, Aguirre JI, Neuville KG, Williams AA, Conrad BP, Gregory CM, Wronski TJ, Bose PK, Borst SE, Yarrow JF. Testosterone dose-dependently prevents bone and muscle loss in rodents following spinal cord injury. *Med. Sci. Sports Exer.* 46(5S):440, 2014.
- 41. Borst SE, Yarrow JF, Conover CF, Nseyo U, Meuleman JR, Lipinska JA, Braith RW, **Beck DT**, Martin JS, Morrow M, Roessner S, Beggs LA, McCoy SC, Cannady DF, Shuster JJ. Musculoskeletal and prostate effects of combined testosterone and finasteride administration in older hypogonadal men. *Med. Sci. Sports Exer.* 46(5S):439-440, 2014.
- 42. Yarrow JF, Beggs LA, Conover CF, Meuleman JR, **Beck DT**, Morrow M, Borst SE. Testosterone stimulates red cell production independent of dihydrotestosterone. *Med. Sci. Sports Exer.* 46(5S):402, 2014.
- 43. Ye F, McCoy SC, Ross HH, Bernardo JA, Beharry AW, Senf SM, Judge AR, **Beck DT**, Conover CF, Cannady DF, Smith BK, Yarrow JF, Borst SE. Transcriptional regulation of myotrophic actions by testosterone and trenbolone on androgen responsive muscle. *Med. Sci. Sports Exer.* 46(5S):440, 2014.
- 44. **Beck DT**, Yarrow JF, Beggs LA, Otzel DM, Ye F, Conover CF, Miller JR, Balaez A, Combs SM, Borst SE. Influence of aromatase inhibition on the bone protective effects of testosterone. *NEACSM*, Providence, RI, 2013.
- 45. **Beck DT**, Yarrow JF, McCoy SC, Beggs LA, Balaez A, Combs SM, Miller JR, Conover CF, Borst SE. The combined effects of anastrozole and testosterone or trenbolone on prostate and levator ani-bulbo cavernosus mass. *FASEB J.* 27:1150.5, 2013.
- 46. Beggs LA, **Beck DT**, Conover CF, Ye F, Combs SM, Miller JR, Balaez A, Neuville KG, Wronski TJ, Bose P, Borst SE, Yarrow JF. Testosterone treatment prevents spinal cord injury-induced bone loss in male rats. *FASEB J.* 27:941.4, 2013.
- 47. Ye F, McCoy SC, Yarrow JF, Conover CF, **Beck DT**, Beggs LA, Beharry AW, Judge AR, Ross HH, Borsa PA, Tillman MD, Conrad BP, Pingel JE, Wronski TJ, Johnson SE, Kristinsson HG, Borst SE. Effect of trenbolone enanthate on protein degradation in levator ani/bulbocavernosus (LABC) muscle in orchiectomized rats. *FASEB J.* 27:939.15, 2013.
- 48. Balaez A, **Beck DT**, Yarrow JF, McCoy SC, Beggs LA, Combs SM, Miller JR, Conover CF, Borst SE. The effects of aromatase inhibition combined with testosterone or trenbolone administration on prostate and skeletal muscle mass. *AMSA*, Gainesville, FL. 2013.
- 49. Ye F, McCoy SC, Beharry AW, Senf SM, Judge AR, Ross HH, Bernardo JA, **Beck DT**, Beggs LA, Conover CF, Borst SE. Androgen-mediated skeletal muscle recovery involves a late transcriptional program in orchiectomized male rats. *Neuromuscular Plasticity Symposium*, Gainesville, FL. 2013.
- 50. Balaez A, **Beck DT**, Yarrow JF, McCoy SC, Beggs LA, Combs SM, Miller JR, Conover CF, Borst SE. The combined effects of anastrozole and testosterone or trenbolone on prostate and levator ani-bulbo cavernosus mass. *FURC*, Gainesville, FL. 2013.

- 51. **Beck DT**, Martin JS, Casey DP, Braith RW, FACSM. Exercise training reduces peripheral pulse wave velocity in young prehypertensives. *Med. Sci. Sports Exer.* 44(5):S1;410, 2012.
- 52. Braith RW, FACSM, Casey DP, Conti CR, Nichols WW, Choi CY, Khuddus MA, **Beck DT**. Enhanced external counter pulsation improves endothelial function in patients with left ventricular dysfunction. *Med. Sci. Sports Exer.* 44(5):S1;165. 2012.
- 53. Martin JS, **Beck DT**, Aranda JM, Braith RW, FACSM. Enhanced External Counterpulsation Improves Peripheral Artery Function, Redox Balance, and Insulin Resistance in Patients with Abnormal Glucose Tolerance. *Med. Sci. Sports Exer.* 44(5):S1;116-117, 2012.
- 54. Martin JS, **Beck DT**, Aranda JM, Braith RW. Enhanced external counterpulsation increases GLUT-4 protein expression, capillary density and glucose tolerance in subjects with abnormal glucose tolerance. *FASEB J.* 26:686.18, 2012.
- 55. **Beck DT**, Martin JS, Casey DP, Braith RW, FACSM. Exercise training improves endothelial function in young prehypertensives. *Med. Sci. Sports Exer.* 2012.
- 56. Avery JC, **Beck DT**, Casey DP, Conti CR, Nichols WW, Choi CY, Khuddus MA, Braith RW, FACSM. Enhanced external counter pulsation improves exercise capacity in patients with left ventricular dysfunction. *Med. Sci. Sports Exer.* 44(5):S1;165-166,2012.
- 57. **Beck DT**, Martin JS, Emerson BD, Casey DP, Braith RW FACSM. Resistance and endurance training improve endothelial function and vasoactive balance in young prehypertensives. *Med. Sci. Sports Exer.* 43(5):S1:2011.
- 58. Martin JS, **Beck DT**, Braith RW, FACSM. Enhanced external counterpulsation and glycemic control in CAD patients with type II diabetes mellitus. *Med. Sci. Sports Exer.* 43(5) S1;559-560, 2011.
- 59. **Beck DT**, Martin JS, Emerson BD, Casey DP, Braith RW. Exercise training improves endothelial function and vasoactive balance in young prehypertensives. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2011.
- 60. **Beck DT**, Casey DP, Nichols WW, Choi CY, Khuddus MA, Conti CR, Braith RW. Enhanced external counterpulsation improves redox balance and endothelial function in patients with refractory angina; *Med. Sci. Sports Exer.* 42(5): S1:121-122, 2010.
- 61. Martin JS, Casey DP, Gurovich AN, **Beck DT**, Braith RW. A prospective look at the impact of aging on central hemodynamics during exercise in men. *Med. Sci. Sports Exer.* 42(5): S1:308, 2010.
- 62. Gurovich AN, Martin JS, **Beck DT**, Casey DP, Braith RW. Myocardial energetics is altered in patients with coronary artery disease. *Med. Sci. Sports Exer.* 42(5): S1:541, 2010.
- 63. **Beck DT**, Casey DP, Nichols WW, Choi CY, Khuddus MA, Conti CR, Braith RW. Improvements in redox balance and endothelial function in patients with refractory angina after enhanced external counterpulsation therapy. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2010.
- 64. Martin JS, Casey DP, Gurovich AN, **Beck DT**, Braith RW. Central hemodynamics during exercise: The impact of aging across young, middle-aged and elderly men. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2010.
- 65. **Beck DT**, Gurovich AN, Martin JS, Nichols WW, Braith RW. Validation of a novel wristband tonometer used for applanation tonometry. *COM* Research Conference, University of Florida, Gainesville, FL. 2009.

- 66. Martin JS, **Beck DT**, Gurovich AN, Braith RW. The acute effect of smokeless tobacco on central hemodynamics. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2009.
- 67. Braith RW, Casey DP, **Beck DT**, Nichols WW, Choi CY, Khuddus MA, Conti CR. Peripheral endothelial function is a primary clinical target for enhanced external counterpulsation in patients with refractory angina. *Journal of the American College of Cardiology*. 53(10):S1;A300-A300, 2009.
- 68. **Beck DT**, Gurovich AN, Martin JS, Nichols WW, Braith RW. Validation of a novel wristband tonometer used for applanation tonometry. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2009.
- 69. Martin JS, **Beck DT**, Gurovich AN, Braith RW, FACSM. The acute effect of smokeless tobacco on central hemodynamics. *Med. Sci. Sports Exer.* 41(5): S1:70, 2009.
- 70. **Beck DT**, Gurovich AN, Martin JS, Nichols WW, Braith RW, FACSM. Validation of a novel wristband tonometer used for applanation tonometry. *Med. Sci. Sports Exer.* 41(5): S1:69-70, 2009.
- 71. Braith RW, FACSM, Conti RC, **Beck DT**, Nichols WW, Choi CY, Khuddus MA, Casey DP. Enhanced external counter pulsation improves arterial function in patients with chronic stable angina. *Med. Sci. Sports Exer.* 41(5): S1:53, 2009.
- 72. Gurovich AN, Casey DP, **Beck DT**, Braith RW, FACSM. Determination of central arterial pulse wave velocity from pulse wave analysis. *Med. Sci. Sports Exer.* 40(5): S1:91, 2008.
- 73. **DT Beck**, Casey DP, Braith RW. The relationship between body fat percentage and arterial wave reflection in young, healthy men and women. *Med. Sci. Sports Exer.* 40(5): S1:268, 2008.
- 74. Casey DP, Conti RC, Nichols WW, Khuddus MA, Choi CY, **Beck DT**, Braith RW. Enhanced external counterpulsation treatment decreases arterial stiffness and myocardial oxygen demand in patients with refractory angina. *GSC* Interdisciplinary Research Conference, University of Florida, Gainesville, FL. 2007.
- 75. Casey DP, **Beck DT**, Braith RW, FACSM. The relationship between brachial artery flow mediated dilation and plasma levels of nitrate/nitrite (NOx). *Med. Sci. Sports Exer.* 39(5): S1:427, 2007.
- 76. Braith RW, **Beck DT**, Casey DP. Effects of resistance exercise training on arterial function in young, healthy men and women. *Med. Sci. Sports Exer.* 38(11): S5, 2006.

Invited Presentations

- 1. Research Retreat Panel Discussion Anatomy of a Collaborative Proposal, VCOM Annual College Wide Research Retreat, Hilton Head, SC, 2021
- 2. VCOM Research Player Draft, Translational Research Leader, VCOM Annual College Wide Research Retreat, Hilton Head, SC, 2021
- 3. Form and Function of Skeletal Muscle, Jack Hughston Memorial Hospital, Phenix City, AL, 2017.
- 4. *The Road Taken: BS to PhD.* Department of Kinesiology, College of Human Science and Services, University of Rhode Island, Kingston, RI, 2013.
- 5. Enhanced External Counterpulsation, Exercise, Shear Stress and Vascular Aging. Oak Hammock at the University of Florida, Department of Aging and Geriatric Research, University of Florida Institute on Aging, Gainesville, FL, 2013.

- 6. Habitual Exercise and Vascular Aging: Never too late to start? Gainesville Senior Recreation Center, Department of Aging and Geriatric Research, University of Florida Institute on Aging, Gainesville, FL, 2013.
- 7. Extracardiac Effects of Enhanced External Counterpulsation in Symptomatic Patients with Cardiovascular Disease and Refractory Angina. Department of Kinesiology, College of Human Science and Services, University of Rhode Island, Kingston, RI, 2013.
- 8. *Exercise and Heart Failure*. Department of Health Sciences, College of Health Profession, Central Michigan University, Mt. Pleasant, MI, 2012.
- 9. Resistance and Endurance Exercise Training Improves Endothelial Function and Augmentation Index in Young Prehypertensives. Department of Health Sciences, College of Health Profession, Central Michigan University, Mt. Pleasant, MI, 2012.
- 10. Biostatistics and Research Design for the Clinician. Geriatrics and Extended Care/ Geriatric Research Education and Clinical Centers (GRECC), North Florida/South Georgia Veterans Health System, Gainesville, FL, 2012.
- 11. *Testosterone and Heart Failure*. Geriatrics and Extended Care/ Geriatric Research Education and Clinical Centers (GRECC), North Florida/South Georgia Veterans Health System, Gainesville, FL, 2012.
- 12. *Vasoactive Pharmacotherapy*. Department of Applied Physiology and Kinesiology at the University of Florida, Gainesville, FL, 2012.
- 13. Evaluations of Muscle Performance. Department of Physical Therapy at the University of Florida, Gainesville, FL. Basic Clinical Skills II (PHT 6207C). Course for the degree of Doctor of Physical Therapy, 2012.
- 14. *Cardiac Pharmacotherapy*. Department of Applied Physiology and Kinesiology at the University of Florida, Gainesville, FL, 2012.
- 15. Acute and Chronic Adaptations to Resistance Training. Department of Physical Therapy at the University of Florida, Gainesville, FL. Basic Clinical Skills II (PHT 6207C). Course for the degree of Doctor of Physical Therapy, 2012.
- 16. Flow Mediated Dilation (FMD) and Venous Occlusion Plethysmography (VOP): Protocol application. Department of Applied Physiology and Kinesiology, University of Florida, Gainesville, FL, 2010.
- 17. Cardiopulmonary Exercise Testing: Interpreting results. Department of Cardiology, Florida Hospital, Orlando, FL, 2007. Continuing Medical Education (CME) credit approved course.
- 18. *Indications for Utilizing Cardiopulmonary Exercise Testing*. Department of Cardiology, Florida Hospital, Orlando, FL, 2007. Continuing Medical Education (CME) credit approved course.
- 19. *Body Composition Rules and Regulations for High School Wrestlers*. Delaware Interscholastic Athletic Association (DIAA) rules and regulations coaches and referees conference. Smyrna, DE, 2001.

Grants and Awards (awarded) \$4,538,428

2021 REACT Innovations

Extracorporeal Magnetic Innervation Therapy to Reduce Pain and Accelerate Return to Play Following Lower Extremity Injuries

\$59,500

Co-PIs: DT Beck, PhD, MD Goodlett, MD, PG Brolinson, DO

VCOM Research Eureka Accelerator Program (REAP)

Targeted Drug Delivery of a Novel Selective Liver Receptor Agonist for Preventing Liver

Fibrosis

Co-PIs: R Amin, PhD, F Li, PhD, DT Beck, PhD, Danielle McCullough, PhD,

Co-Is: T Denney, PhD, A Bashir, PhD, R Beyers, PhD, C Goldsmith, PhD \$40,000

2021 VCOM/College of Veterinary Medicine

(One Health Grant)

Regulation of luteinizing hormone to prevent cognitive decline of reproductive senescence and

Alzheimer's Disease – Year 2

Co-PIs: DT Beck, PhD, DR Martin, PhD Co-Is: HJ Baker, DVM, MN Reed, PhD,

B Akingbemi, DVM, PhD, D Yan, PhD

\$41,877

2020 VCOM/College of Veterinary Medicine

(One Health Grant)

Regulation of luteinizing hormone to prevent cognitive decline of reproductive senescence and

Alzheimer's Disease

Co-PIs: DT Beck, PhD, DR Martin, PhD Co-Is: HJ Baker, DVM, MN Reed, PhD,

B Akingbemi, DVM, PhD, D Yan, PhD

\$50,000

2020 VCOM/Auburn University Biomedical Engineering

(VCOM AUBE) Research Grant

A high-density lipoprotein cholesterol nanoparticle mimic for the early detection and treatment

of prostate cancer

Co-PIs: JD McCullough, PhD, A David, PhD

Co-Is: DT Beck, PhD

\$50,432

2019 VCOM's Research Eureka Accelerator Program (REAP)

Iatrogenic cardiac and skeletal muscle metabolic dysfunction in patients with breast cancer after combined chemotherapy and radiation treatment

Co-PIs: DT Beck, PhD, TS Denney, PhD, A Bashir, PhD

\$50,080

2019 VCOM/Auburn University Biomedical Engineering

(VCOM AUBE) Research Grant

Novel engineered nanoparticle based drug delivery and biosensing assay

system for in vivo prostate cancer treatment and monitoring

Co-PIs: JD McCullough, PhD, P Chen, PhD

Co-Is: DT Beck, PhD, F Lee, PhD

\$50,000

2018-2021 Presidential Awards for Interdisciplinary Research (PAIR)

Center for Neuroscience (CNS)

Co-PIs: V Suppiramaniam, PhD, MN Reed, PhD

Role: Co-Investigator

Co-Is: A Kaddoumi, PhD, P Panizzi, PhD, R Amin, PhD, D Martin, PhD,

A Kisselev, PhD, J Shen, PhD, B Smith, PhD, C Newland, PhD, R Arnold, PhD,

M El-Sheikh, PhD, R Hansen, PhD, T Moore, PhD.

\$725,000

2018-2021 Presidential Awards for Interdisciplinary Research (PAIR)

Extra-virgin olive oil prevents MCI conversion to Alzheimer's disease

PI: A Kaddoumi, PhD Role: Co-Investigator

Co-Is: TS Denney, PhD, G Deshpande, PhD, R Beyers, PhD,

JL Robinson, PhD, A Kirby, PhD, N Merner, PhD.

\$300,000

2018-2021 Presidential Awards for Interdisciplinary Research (PAIR)

Development of the AU-NASH (<u>A</u>uburn <u>U</u>niversity-<u>N</u>on-<u>A</u>lcoholic <u>S</u>teato<u>h</u>epatitus) Research

Program

PI: Rajesh H Amin, PhD Role: Co-Investigator

Co-Is: RD Arnold, PhD, TS Denney, PhD, Adil Bahir, PhD, MD Roberts, PhD,

JD McCullough, PhD.

\$300,000

FutureCeuticals

Neurophysiological effects of whole coffee fruit concentrate in older adults with mild cognitive

impairment: A fMRI Investigation Role: Principal Investigator

Co-PIs: JL Robinson. PhD Collaborators: TS Denney, PhD, N Salibi, PhD

\$94,257

2016 American Diabetes Association

The antiglycemic effects of a lower pressure external pneumatic compression device on type II

diabetics: a molecular and applied investigation

Role: Co-Investigator PI: JS Martin, PhD Co-I: MD Roberts, PhD

\$566,003

2016 University of Tampa and Human Longevity

Effects of a subchronic ketogenic diet on skeletal muscle anabolic and catabolic signaling and

adipose tissue signaling

Role: Co-PI

PI: MD Roberts, PhD

Co-PIs: KC Young, PhD, JS Martin, PhD

\$105,000

2016 University of Tampa and Human Longevity

Effects of aging and nutrition on systemic stem cell content and physiological systems

Role: Co-PI

PI: MD Roberts, PhD

Co-PIs: KC Young, PhD, JS Martin, PhD

\$246,000

NormaTec NormaTec

Comparative effects of NormaTec and an alternate device in the treatment of lymphedema

Role: Co-Investigator PI: JS Martin, PhD

Co-I: A Langley, DO, M Sanders, DO

\$43,025

2014 Champlin Foundations Grant

Cardiovascular Diagnostic Learning Collaborative

Role: Principal Investigator

Co-PIs: D Reibe, PhD, SK Brown, DPT,

CP MacDonnell, PharmD, and AN Jackson, PharmD.

\$214,275

2011-2013 Associated Health Postdoctoral Fellowship. Office of Academic Affiliations Veterans Affairs Central Office, Washington, D.C. The effects of aromatase inhibition and testosterone administration on prostate, bone, adipose and skeletal muscle in the orchiectomized male rat Role: Principal Investigator Co-PI: SE Borst, PhD \$86,759 2009-2010 T32 Predoctoral Fellowship. (NIH training grant 5T32HL083810-03). Predoctoral training period 2009 – 2010 (Multidisciplinary Training Program in Hypertension). University of Florida Hypertension Center, University of Florida, Gainesville, FL. Endothelial function and arterial stiffness in young prehypertensives Role: Predoctoral Fellow PI: CM Baylis, PhD \$61,270 2006-2009 National Institutes of Health (NIH-HLBI-RO1-HL077571-01) Effects of Enhanced External Counterpulsation (EECP) on Arterial Function Role: Predoctoral Fellow PI: RW Braith, PhD \$1,191,250 2005-2009 University of Florida Alumni Fellowship for Doctoral Studies. Department of Applied Physiology and Kinesiology, College of Health and Human Performance, University of Florida, Gainesville, FL. Role: Predoctoral Fellow \$263,700 Grants and Awards (unfunded) \$5,904,695 National Football League Players Association (NFLPS) Joint Committee on Pain Management 2021 Extracorporeal Magnetic Innervation Therapy to Reduce Pain and Accelerate Return to Play Following Lower Extremity Injuries Co-PIs: DT Beck, PhD, MD Goodlett, MD, PG Brolinson, DO Collaborators: J Edison, DO, M Rogers, DO, JL Robinson, PhD, S Scher, MSPT, ATC, Zoe Foster, MD, K Anderson, MD \$250,000 2021 Center for Clinical and Translational Science (CCTS) Modulation of Luteinizing Hormone to Prevent Cognitive Decline of Menopause PI: DR Martin, PhD CO-Is: DT Beck, PhD, MN Reed, PhD, HJ Baker, DVM \$60,000 2021 National Football League Players Association (NFLPS) Joint Committee on Pain Management Alternatives to Opioids: Effects of Pain and Performance Co-PIs: DT Beck, PhD, MD Goodlett, MD, Co-Is: JL Robinson, PhD, TS Denney, PhD, MD Roberts, PhD \$1,000,000 2021 **FutureCeuticals** Effects of Whole Coffee Fruit Cherry Concentrate and B Vitamin Complex on Brain Derived Neurotrophic Factor Role: Principal Investigator Co-PIs: JL Robinson. PhD \$125,000 2021 VCOM Research Eureka Accelerator Program (REAP)

Curriculum Vitae Page 17 of 21 Darren T. Beck, Ph.D.

Co-PIs: DT Beck, PhD, R Amin, PhD, JD McCullough, PhD

in Diabetics

Novel Pharmacotherapeutic Target for Cardioprotection Against Myocardial Infarction Damage

\$50,000

2020 VCOM/College of Veterinary Medicine (One Health Grant) Exploration of the combined effect of oncolytic virus and CAR T cell therapy in osteosarcoma Co-PIs: JD McCullough, PhD, P Agarwal, PhD Co-Is: DT Beck, PhD, BF Smith, VMD, PhD \$50,000 2019 VCOM Research Eureka Accelerator Program (REAP) Reduced frataxin levels increase mitochondrial iron dyshomeostasis exacerbating ischemia reperfusion injury in diabetic heart mouse model Co-PIs: DT Beck, PhD, R Amin, PhD \$50,000 2018 **National Dairy Council** The effects of exosome-enriched versus exosome-depleted milk protein on prostate cancer prognosis in rodents PI: JD McCullough, PhD Role: Co-Investigator CO-Is: MD Roberts, PhD, J Zempleni, PhD \$191,480 2017 United States Special Operations Command (USSOCOM) Use of Heart Rate Variability to Predict Readiness and Improve Training and Performance in Special Operations Forces (SOF) Operators Co-PIs: JM Sefton, PhD, MD Roberts, PhD, A Gupta, PhD, JL Robinson, PhD Role: Co-Principal Investigator \$699,570 2017 National Science Foundation Research Traineeship (NRT) Innovations in Graduate Education (IGE) *Understanding the Brain (UtB): Enhancing graduate neuroscience education* PI: JL Robinson, PhD Role: Co-Investigator \$490,926 2017 Department of Defense – Congressional Directed Medical Research Programs Novel MRI biomarkers to quantify PTSD in combat veterans and direct future treatment PI: DT Beck, PhD Co-Investigators: JL Robinson, PhD; MAJ JE Murphy, MS \$287,000 2015 American Diabetes Association The antiglycemic effects of a lower pressure external pneumatic compression device on type II diabetics: a molecular and applied investigation PI: JS Martin, PhD Role: Co-Investigator \$494,589 2015 Medtronic Efficacy of sequential peristaltic pulse external pneumatic compression (PEPC) for improved free-living glycemic control in patients with type 2 diabetes mellitus. PI: JS Martin, PhD Role: Co-Investigator \$13,990 2014 Research Proposal Development Grant University of Rhode Island Division of Research and Economic Development Effects of aromatase inhibition on testosterone induced gene expression in adipose tissue of F344 rats PI: DT Beck, PhD \$15,000

Curriculum Vitae Page 18 of 21 Darren T. Beck, Ph.D.

2014 Faculty Career Enhancement Grant University of Rhode Island Division of Research and Economic Development Acute effects of a commercially available limb pneumatic compression device on systemic arterial function PI: DT Beck, PhD \$15,000 2014 Federal Research Priorities (State of Rhode Island) University of Rhode Island Division of Research and Economic Development Cardiovascular effects of testosterone administration in hypogonadal men PI: DT Beck, PhD \$1,276,000 2013 BLR&D CDA-2 (Grant-11349490) Office of Research Development (ORD) Testosterone replacement to improve cardiac function in rat heart failure model PI: Darren T. Beck, Ph.D. Co-Investigators: SA Bercelli, MD, PhD, SE Borst, PhD, LF Ferreira, PhD, and CY Choi, MD. \$977,600 2008 American Heart Association Predoctoral Fellowship. Effects of resistance training on arterial function in prehypertensives

\$43,540

Editorial Board Membership

Associate Editor for Journal of Sport and Human Performance

Ad Hoc Reviewer

American Journal of Hypertension

PI: DT Beck

Co-PI: RW Braith, PhD

American Journal of Physiology - Cell Physiology

Andrologia

Clinical and Experimental Pharmacology and Physiology

Experimental Biology and Medicine

European Journal of Applied Physiology

Hypertension

Journal of Applied Physiology

Journal of Human Hypertension

Journal of Neuroscience Research

Journal of Sport and Human Performance

Journal of Strength and Conditioning Research

Lung

Medicine and Science in Sport and Exercise

Neurotrama Reports

Nutrients

Professional Society Membership

American Physiological Society
American College of Sports Medicine
New England Region American College of Sports Medicine
Southeast Region American College of Sports Medicine
American Heart Association
The Planetary Society

Graduate Student Mentor

2020	<u>Doctoral Dissertation Committee Member:</u> Chris G. Vann, M.S., School of Kinesiology, Auburn University, Auburn, AL.
2019	<u>Doctoral Dissertation Committee Member:</u> Petey W. Mumford, M.S., School of Kinesiology, Auburn University, Auburn, AL.
2018	<u>Doctoral Dissertation Committee Member</u> : Jerry E. Murphy, M.S., Department of Psychology, Auburn University, Auburn, AL.
2017	<u>Doctoral Dissertation Committee Member:</u> Wesley C. Kephart, M.S., School of Kinesiology, Auburn University, Auburn, AL.
2015	<u>Masters Thesis Committe Member</u> : Lisa Vincent-Horta, B.S., Department of Kinesiology, University of Rhode Island, Kingston, RI.
2014	<u>Masters Degree Major Advisor</u> : Michael Babatunde, B.S., Department of Kinesiology, University of Rhode Island, Kingston, RI.
2014	<u>Masters Thesis Committee Chair</u> : Sean Krueger, B.S., Department of Nutrition and Food Sciences, University of Rhode Island, Kingston, RI.

Undergraduate Student Mentor

2015	<u>Undergraduate Directed Research Study</u> : Jack A. Goldman, Department of Biological Sciences, University of Rhode Island, Kingston, RI.
2015	<u>Undergraduate Directed Research Study</u> : Adam J. Rokicki, Department of Kinesiology, University of Rhode Island, Kingston, RI.
2014	<u>Undergraduate Directed Research Study</u> : John B. Christy, Department of Kinesiology, University of Rhode Island, Kingston, RI.

Academic Committee Service

2022	<u>Voting Member</u> – OMS 1 and OMS 2 Promotion Board
2021-present	Co-Chair – VCOM College Wide Faculty Senate
2021-present	Committee Member: Dean's Council and Dean's Administrative Committee
2021-present	Committee Member: VCOM Appointment, Promotion and Tenure Committee
2021-present	Chair: VCOM Faculty Senate.
2021-present	<u>Committee Member</u> : Diversity Committee – VCOM Auburn.
2018-present	Chair: Professional Ethics and Standards Board, VCOM-Auburn.
2019-present	Chair: Neuroscience Grand Rounds.
2017-present	Chair: VCOM Auburn Research Day.

2018-present	Committee Member: VCOM Research Retreat Planning Committee
2018-present	<u>Founding Member</u> : Center for Neuroscience Initiative, Harrison School of Pharmacy, Auburn University.
2018-present	Committee Member: Student Professional Development, VCOM-Auburn.
2018-present	<u>Boshell Faculty Member</u> : Boshell Diabetes and Metabolic Diseases Research Program, Auburn University.
2014-2015	<u>Committee Member</u> : Department of Kinesiology Graduate Program, University of Rhode Island, Kingston, RI.
2014-2015	<u>Founding Director</u> : Exercise Science Student Organization, University of Rhode Island, Kingston, RI.
2014	<u>Department of Kinesiology Representative</u> : Ad Hoc Gateways to Completion (G2C) Task Force for Chemistry (CHM 103), University of Rhode Island, Kingston, RI.
2003-2004	<u>Graduate Student Representative</u> : University of Delaware Faculty Senate, Committee for Student and Faculty Honors, University of Delaware, Newark, DE.
2001-2003	<u>Committee Member</u> : Exercise Science Department Steering Committee, Delaware Technical and Community College, Wilmington, DE.
Community Se	ervice
Community Sec 2021	ervice Local Fundraiser: St. Jude Children's Research Hospital
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2021	<u>Local Fundraiser</u> : St. Jude Children's Research Hospital
2021 2021	<u>Local Fundraiser</u> : St. Jude Children's Research Hospital <u>Volunteer</u> : COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. <u>Volunteer Instructor</u> : Science Matters Summer Academy for Elementary Students, College of
2021 2021 2016-Present	<u>Local Fundraiser</u> : St. Jude Children's Research Hospital <u>Volunteer</u> : COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. <u>Volunteer Instructor</u> : Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL.
2021 2021 2016-Present 2016-Present	 Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL.
2021 2021 2016-Present 2016-Present 2016	 Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL. Participant/Donor: Bo Bikes Bama 5th Annual Alabama State Fundraiser, Auburn, AL.
2021 2021 2016-Present 2016-Present 2016 2015	Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL. Participant/Donor: Bo Bikes Bama 5 th Annual Alabama State Fundraiser, Auburn, AL. Participant/Donor: Breast Cancer Awareness Community Bicycle Ride, Auburn, AL. VCOM-Auburn Representative: Phenix City Public Schools Community Health and Wellness
2021 2021 2016-Present 2016-Present 2016 2015 2015	Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL. Participant/Donor: Bo Bikes Bama 5 th Annual Alabama State Fundraiser, Auburn, AL. Participant/Donor: Breast Cancer Awareness Community Bicycle Ride, Auburn, AL. VCOM-Auburn Representative: Phenix City Public Schools Community Health and Wellness Expo, Central Activity Center, Phenix City, AL.
2021 2021 2016-Present 2016-Present 2016 2015 2015 2015-2020	Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL. Participant/Donor: Bo Bikes Bama 5 th Annual Alabama State Fundraiser, Auburn, AL. Participant/Donor: Breast Cancer Awareness Community Bicycle Ride, Auburn, AL. VCOM-Auburn Representative: Phenix City Public Schools Community Health and Wellness Expo, Central Activity Center, Phenix City, AL. Volunteer: Boy Scouts of America, Saugahatchee District, Troup 354, Auburn, AL. Volunteer (Carpentry and Design): ABC's Extreme Makeover-Home Edition, Wagstaff Family
2021 2021 2016-Present 2016-Present 2016 2015 2015 2015-2020 2010	Local Fundraiser: St. Jude Children's Research Hospital Volunteer: COVID-19 Vaccine Clinic, East Alabama Medical Center, Auburn, AL. Volunteer Instructor: Science Matters Summer Academy for Elementary Students, College of Sciences and Mathematics (COSAM), Auburn University, Auburn, AL. Participant/Donor: Johnny Ray Century for Parkinson's Disease, Auburn, AL. Participant/Donor: Bo Bikes Bama 5 th Annual Alabama State Fundraiser, Auburn, AL. Participant/Donor: Breast Cancer Awareness Community Bicycle Ride, Auburn, AL. VCOM-Auburn Representative: Phenix City Public Schools Community Health and Wellness Expo, Central Activity Center, Phenix City, AL. Volunteer: Boy Scouts of America, Saugahatchee District, Troup 354, Auburn, AL. Volunteer (Carpentry and Design): ABC's Extreme Makeover-Home Edition, Wagstaff Family home build, Gainesville, FL.